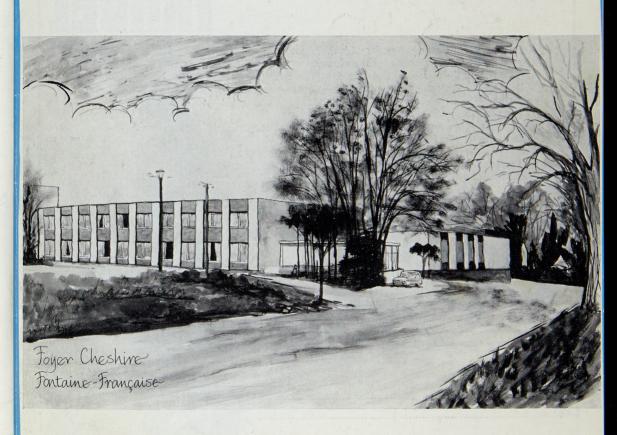
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The Quarterly Magazine of the Cheshire Homes Price 10p

Summer 1977



# Cheshire Smile

The Quarterly Magazine of the Leonard Cheshire Homes

Vol. 21 No. 6 Summer 1977

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Subscription Rates: 50p a year post free.

Cheshire Smile is edited and managed at Greenacres.

Contributions to the magazine are invited from all readers.

Opinions put forward in individual articles do not necessarily represent the official view of the Cheshire Foundation, but it is our aim to encourage free expression of ideas.

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# The Ghairman's Page

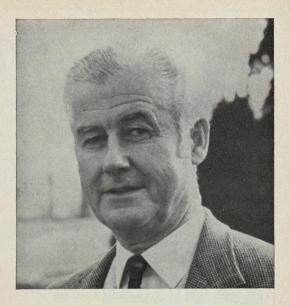
This particular Message contains some important news I would like you all to read it especially carefully.

Our Founder, Leonard Cheshire, as many of you will know suffered from tuberculosis in the early 1950's. The cure for this called for a major operation involving the removal of a lung and a number of ribs. The operation was a success; but naturally it left him in somewhat less than 100% physical condition, being more liable than the average person to tiredness and to certain types of infection.

Nevertheless he has never spared himself in his exertions for the Foundation world-wide and for all its people. Additionally he has the responsibility for the Mission for the Relief of Suffering and of course for the care of his own family. All this would present an enormous burden even for a fully fit person; and, as a result of two recent medical examinations, one in Washington and one in London, his advisers have firmly told him that, to ensure a reasonable expectation of life, he must cut down on his activity level, particularly in connection with arduous travel.

Now I do ask you all to read the above words with the same care that I have written them. If false and exaggerated rumours are generated. such as that Leonard is at death's door or has to stop all his work to survive, no good can result and a lot of harm certainly will. Any piece of machinery including the human body has to be operated at a sensible pace and sensible pressure if it is to survive a reasonable length of time; and of course this particularly applies to a piece of machinery that has endured some damage during its working life. That is all that is happening; a sensible rate and pace will have to be observed; and then we can all hope to have that invaluable piece of human machinery called Leonard Cheshire with us for a long time.

One final practical point. All this means that Leonard will have to ration the number of his visits to Homes even in the U.K., and when he does visit you, his programmes will have to be shorter and less intensive than in the past. So if you have some special function or occasion which you would like him to attend, please ask; but please also try to ask as long as possible in advance so that you can be fitted into what will from now on



be a somewhat reduced programme. By so doing you will make life easier for him and you will be demonstrating the consideration and affection from which he derives such enormous benefit.

The other major item of news is that our General Secretary, Carmel Short, has decided to resign after nearly ten years in the post and a previous 15 years of voluntary work for the Cheshire Homes: and she will be leaving finally on 1st October. I do not have to tell anvone who has been associated in any way with the Foundation what a loss this will be; what a serious gap it will create; and how difficult that gap will be to fill. Carmel's knowledge of the history, the workings and the personalities of the Foundation over its period of enormous expansion is unique and will be sadly missed. She has come almost to personify our work, and everyone connected with the Homes in any capacity owes her a deep debt of gratitude. We all wish her the very best of good fortune in the future and sincerely hope that her ties with the Foundation will not be completely cut.

Sincerely Chief toplar Folyware

Chairman.

# **VIEWPOINT**

There is an old saying that the observer sees the most of the game, and sitting somewhat on the sidelines, as it were, and having been fairly actively interested in all aspects of The Foundation over the past 15 years or so and now occupying the Editor's seat of *The Smile*, albeit in an honorary and maybe pro-tem capacity, one has had the opportunity not only to see more, read more and hear more but to comment on matters that may appear at times particularly relevant.

The Leonard Cheshire Foundation is unique in that so much, indeed it would appear to be the major part, of the work done by so many people from the Founder, the G.C. himself, through to our Chairman Sir Christopher Foxley-Norris, the Trustees, members of Management Committees and helpers throughout all the Homes under the Foundation worldwide, is done voluntarily and without hope or expectation of reward.

It is done because it is seen to be a job worth doing and a service to the community worth giving, and while often it is given at a great sacrifice of time, energy and money, and not least convenience, in many ways the service given carries its own reward.

Yet the voluntary commitment does not end there. Sir Christopher in his Chairman's message, announced not only that the G.C. who has always given of himself without any reservation whatever, must be protected from undue demands on his time and energy, and that is a request we must all, and I am confident, will respect, but also that Carmel Short who has been the General Secretary at Market Mews for the past ten years will be resigning on 1st October.

Who could have done more over those years than she has done. She of all people has never spared herself, she has always been available and helpful to a degree far beyond her normal duties or our expectations. She will be greatly missed, and we from the Editorial Office wish her well and much happiness in whatever the future may hold, and we are sure this wish will be reverberated by readers of *The Smile* in every country in which it is read.

So it is with so many of our voluntary helpers and workers and in this we include those Wardens, Matrons and members of the staffs of the Homes, not forgetting those at Market Mews who give so much extra time, thought and devotion to their self-imposed task of caring, planning, fund-raising and extending the work and knowledge of the Foundation, resulting in more and more 'homes' being opened and so many more handicapped people being made to feel that they have a rightful place in a society that cares.

How much of such a tremendous fund of dedication, I sometimes wonder, is taken for granted not only by those to whom it is directed, but by society in general. How much of it is accepted perhaps as some repayment of a debt that society owes?

A quiet word of thanks and appreciation, even a word of acknowledgment that someone has noticed that something has been done, that some extra service has been given, that a special effort has been made to relieve the pain, the distress, the discomfort or the loneliness be it of a resident, member of staff or voluntary worker, goes a very long way and means so much.

Such a word might be the spark that ignites a further burst of enthusiasm or triggers off another inspired thought; and such a thought might easily set light to a chain of improvements or ideas that would benefit residents in the Leonard Cheshire Homes throughout the world.

Food for thought?

R.E.L.

# International Regionalisation

The Background and Culture of the Foundation Worldwide

In view of the Northern Regional Conference held in London in June, an outline of the background and structure of our work overseas may be of interest.

The main purpose of regionalisation is to provide a sound basis upon which the Homes can multiply and continue. In the past much of the principle of unity and a link between the Homes has mainly been individual and through the personal visits of Leonard Cheshire. It is hoped that the formation of the Regions will protect the co-ordination of the International Foundation so that its aims will be furthered when the Founder is no longer able to carry out such extensive travelling. The Secretariats of the Regions will also firmly establish the fact that although the Homes originated in Great Britain, the movement is not British but international, and the more we can internationalise our activities the better. The Regions will provide stronger links between the Foundations in each country, a good interchange of information and ideas, and of course a speedier way for any individual Home or Foundation to reach the solution of a difficulty or a problem where it is felt that perhaps the experience of another Home or Foundation may be a help. As in the U.K. each Home enjoys a large measure

of autonomy, as does each Foundation within each country. Such autonomy does assure the fact that every resident receives residential care within the cultures and characteristics of the environment which he has always known.

Although the Central Foundation in London does provide some limited financial assistance for work overseas, the essential feature of the overseas Homes in the past has been their independence and their ability to stand on their own two feet. Within a Region each country benefits from the experience of another and this goes for the so-called developed countries of the West as well as for the countries where social and health services are less developed. It is much more easy and relevant to disseminate knowledge in the developments of care for disabled people on a Regional basis. Regionalisation also makes it much more possible to work closely with Governments and with other organisations within that Region so that our service can complement that of the Government in whose area the Home is situated. This is particularly noticeable in Africa at the moment where we are setting up a Training Centre in Nairobi for care of the physically handicapped.

The most important part of the work of a Region is the periodic visiting of the Homes within the Region by the Liaison Officer, and only from these personal reports coming in from the Region can we know in detail how each Home is progressing. Unfortunately, with rising costs of air fares, it is sadly becoming increasingly difficult for the Liaison Officers in each Region to travel the Homes. We must find some answer to this problem as the reports we have had of such visits are of inestimable value.

# Regional Structure within the International Foundation

#### 1. THE INTERNATIONAL COUNCIL

Group Captain Leonard Cheshire, V.C., D.S.O., D.F.C., Chairman.

Henry Marking, C.B.E., M.C., Vice Chairman.

Sir Christopher Foxley-Norris G.C.B., D.S.O., Chairman, U.K. Foundation.

Ronald Travers, Secretary to the International

La Comtesse de Caumont la Force (France). Sir Adetokunbo Ademola (Nigeria). Harry Collymore F.R.C.S. (Trinidad). Sir Herbert Duffus (Jamaica). Ato Desta Girma (Ethiopia). Lady Bankole Jones (Sierra Leone). Dr A. M. Orejana, M.D. (Philippines). Toh Puan Datin Sadiah Sardon (Malaysia). Major General Virendra Singh (India).

The Council has no legal powers but acts in a co-ordinating and advisory capacity to the five Regions.

#### 2. THE REGIONS

The Far Eastern Region covers the Homes in Hong Kong, Singapore, Malaysia, The Philippines, Sarawak, Sabah, Papua New Guinea, Indonesia and Thailand.

Chairman of this Region is Toh Puan Datin Sadiah Sardon and the address of the Secretariat is:

The Residency, Penang, Malaysia.

The Eastern Region consists of the Homes in India, Sri Lanka and Bangladesh. The Chairman of this Region is General Virendra Singh, and the Secretariat address is:

3 Sultan Singh Building, Kashmere Gate, Delhi 6, India.

The Central Region covers the Homes in Ethiopia, Kenya, Mauritius, Nigeria, Sierra Leone, South Africa, Sudan, Uganda and Zambia, and Steering Committees with interest in Lesotho and Tanzania. The Chairman is Sir Adetokunbo Ademola, and the address of the Secretariat is:

c/o Father Kevin Doheny, Liaison Officer, P.O. Box 2454, Addis Ababa, Ethiopia.

The Western Region covers Canada, the United States, the Caribbean (Barbados, Trinidad, Jamaica, Grenada), Guyana, Argentina, Venezuela, Chile and Brazil. The Chairman of this Region is Sir Herbert Duffus and the address of the Secretariat is:

P.O. Box 835, Kingston, Jamaica.

The Northern Region will consist of our Homes in France, Ireland, Morocco, Portugal, Spain and the United Kingdom.

Other countries joining the Foundation may of course opt for whichever Region they wish.

Each Home in the Region goes to its Regional Secretariat with requests and for information which would otherwise go direct to London, thereby keeping down the number of staff in the London Secretariat.

#### RONALD TRAVERS.

Secretary to the International Council.

March 1977.

# Northern (European) Conference Inaugurates Final Link in Worldwide Chain

The Leonard Cheshire Foundation inaugurated the final link in its chain of Cheshire Homes throughout the world at a conference held at the Hilton Hotel, London, on 22nd–25th June.

The new link, known as the Northern Region, covers Cheshire Homes throughout Europe including France, Portugal, Spain, and the Republic of Ireland, the United Kingdom and – by request – Morocco.

Commenting on the arrangements, Group Captain Leonard Cheshire said:

"We believe that the purpose of this European Conference and the formation of a European Region is not only to discuss matters of common interest – particularly the question of improving the standard of care – but also the expansion of the Homes into new countries in Europe".

To finance the U.K. Homes alone the Foundation has to raise some £1½m in this country in addition to the £3m received towards running costs from local authorities who sponsor their residents living in Cheshire Homes. The 90 overseas Homes have to raise approximately £1m each year to survive and only receive nominal help from the U.K. Foundation – a share in grants totalling approximately £20,000 a year.

# AFTER THE HOLIDAY

- My heart is full of thankfulness, as I think about the time
- I spent up in Shillelagh indeed it was sublime!
- I met some friends I seldom see, and made some new ones too
- When I look back it seems just like a happy dream come true.
- For us, who spend our waking hours in bed or chair always
- Such sharing and attention there, by night and through the days.
- All things were done to comfort us, and make us feel brand new,
- For those of us who could get round, there was no feeling blue!

- There was radio and 'telly' too, to keep us all amused
- With song and sport of every kind, we kept up with the news.
- The food and drink were of the best and made us feel so gay
- And each one felt in his own way it was Christmas every day.
- We went out to enjoy the sun, it felt so fresh and clean,
- While all around us we could see the 'forty shades of green'.
- With trees and plants and flowers galore, and many mountains too,
- They call it 'Garden of Ireland' so it has a lovely view.
- But dearer still to all our hearts, and making us content
- Were all the staff and helpers, as about their work they went.
- With patience, love and kindness, they did our needs attend
- Thus helping us to bear the cross which God to each did send.
- A far cry from the days of old, when those who couldn't cope
- Were frowned upon, and many times were left without a hope.
- A smile, a touch, a handshake all simple things its true.
- But they can change the world, when not only words will do.
- It's up to us who just look on, and take what others give
- To pray to Him for health and strength for those who while they live
- Spend all their time, and use their eyes, their hand, and what they do
- To let us share the gifts of God, and they are not a few!
- There's one thing that we really wish, and each of us would state
- They won't have any bother, when they get to heaven's gate!
- And so I pray, with heartfelt thanks may all things come your way
- May comfort, joy and peace abide, we'll meet again someday.

# TO THE EDITOR,

Dear Sir.

You ask for readers' opinions. Here are some of mine. I have been to a Cheshire Home on holiday so I don't wish to sound an old grumbler.

One thing that I think should be memorised and put into practice are those stirring words of the late Louis Battye of White Windows, "One word that is seldom heard is 'Try'. 'Try to do it yourself, take your time but try'. Instead we too often hear the reverse, 'Don't try to to it yourself you might hurt yourself, I'll do it', and swiftly it is done. The disabled person will sit back and from then on allow the thing to be done for him, losing another bit of his precious independence, sinking a shade further into the expected role of docile invalid. It was kindly meant and may save time in these clock regulated days, but is is not genuine care and not the slightest good to anyone with a spark of life remaining, for life, from which all physical danger and all personal effort have been virtually eliminated, is not a worthy life for any self-respecting adult".

Stirring words. I wish I had known him.

Another thing that I think some of you should do is spend a day in a wheel chair. See everything from about 30 inches from the ground. You will be surprised at what you see and what you don't see.

When slowly trundling myself along various corridors, would-be helpers would often grab my chair handles and say, "Where do you want to go?" I would put on a smile, say, "The toilets, please", when what I really should have said is, "Anywhere to get away from that T.V., or those transistors", but how could I say that.

Yours sincerely,

W.R.B.

Lessons here for all of us? - Ed.

## Le Court-comment

Dear Sir,

Regarding Gamliel Douer's article 'Work, Leisure, Activities, Interest and Hobbies for Disabled People', published in the winter edition, I would like to comment on his remarks. In his article he mentions points of 'independent', 'intervening' and 'dependent' variables. In the same issue of the *Smile* in which his article appeared, the Q.E.'s Foundation for the Disabled's article takes in all that he said by treating all three points in a practical way.

I don't suggest that there is a full solution to these problems, but the same applies to the 'variable' problems of mankind in general, but to give up trying to solve them would negate the efforts of organisations such as the Queen Elizabeth's Foundation for the Disabled, the Association of Disabled Professionals, and the Cheshire Foundation itself. A few disabled persons through the Cheshire Foundation have found a rehabilitation element that has enabled them to live a much fuller life than they would have otherwise done, perhaps vegetating in some geriatric hospital, instead of being gainfully employed, and therefore being integrated into the community and contributing something to society.

When the first Cheshire Home was built, no one expected that anyone who was disabled enough to live in one would ever be able to earn their own living. In fact, it is only recently that disabled people have been considered part of the labour force of the country. The philosophy expressed by statutory laws seems to be that if you are disabled you cannot work, if you can work then you are not disabled. There is only black and white, no shades of grey. This philosophy by the State causes great frustration to the would-be disabled employed and breeds only dishonesty or despair.

It is pioneering work of organisations such as the Central Council for the Care of the Disabled, the Association of Professional Disabled, and the Greater London Association for Initiatives in Disablement, that will bring about a change of attitude in the restrictive and uneconomic legislation that stymies a disabled person from getting work.

Without lucrative employment, how can you have leisure activities? How can you have

hobbies? As I see it you need to earn cash to pursue these interests, so what better incentive than being paid for out of one's own earnings? Work is the core of human existence, as is leisure after work, but until it can be made worthwhile for a severely disabled person to work, life will continue, for them, to be a grind and at worst a mere existence.

In conclusion I hope other disabled people will contribute something to this controversy.

Yours sincerely,
A. E. BAKER,
Le Court, Liss, Hants.

# Greenacres "Children My Children"

Dear Editor,

May I through the courtesy of your columns, thank those readers who were kind enough to send donations to the "Children, My Children" Fund, to help those suffering from Thalaceamia in Cyprus.

It was very gratifying that residents at Greenacres were pleased to collect weekly donations and that they are very generous with their contributions.

The first £50 has now been forwarded to Sir Christopher who kindly agreed to see that all money raised reached the right source.

Thank you once again and please continue with the good work.

MARJORIE BRADSHAW, Greenacres.

# From

# Wing Commander W. E. Dunn O.B.E

Dear Editor.

Thank you for the splendid Spring 1977 issue of the Cheshire Smile – we all love the Tribute to The Queen, so beautifully worded and printed, alongside the best photograph of Her Majesty we have ever seen. It, and the content of the whole issue has caused much appreciative comment on our Radio Nets.

Yours sincerely,

WALLY DUNN.

Correspondents are reminded that letters should be as brief and to the point as possible. Lengthy epistles must be cut, and the Editor reserves the right to print what he thinks is suitable, endeavouring at all times to maintain the original meaning or purpose of the letter or article.

# **Sell the Smile**

When you have your GARDEN PARTY why not have a *Smile* stall at which you can sell copies and enrol subscribers.

We usually have spare copies which we can send upon receipt of letter or telephone call.

#### **APOLOGIES**

#### 'TROPHIES FOR MONICA'

The caption for the photograph on page 24 of the Spring issue was of Monica Vaughan (not Ann Sparkes) and should have read,



"The Lord Mayor and Lady Mayoress of Portsmouth with Mr Fernyhough and Monica Vaughan at the street party the neighbours gave on her return from Canada".



# MATTERS FROM THE MINISTRY

DHSS Studies plans to develop "Instant" Braille System

Aids help blind to take greater part in community life

Proposals for developing a system for producing on-the-spot Braille transcriptions of ordinary typewritten texts by means of a desk top computer are being studied by the Department of Health and Social Security.

Mr Eric Deakins, Parliamentary Under Secretary of State, told delegates to the European Technical Conference of the World Council for the Welfare of the Blind that the Department was already supporting, with the Royal National Institute for the Blind, studies on computer techniques to transcribe Inkprint to Braille.

Other work which the Department of Health is associated with, he added, includes:

The possibilities of tests to see if one can improve the way a partially sighted person's visual ability can be used to indicate his employment potential.

With the Medical Research Council, work on obstacle detectors and the evaluation of other mobility and communication aids, including cheap map kits.

And, to look further into the future, work is in progress on an 'Artificial Visual Pathway', which seems to me more like science fiction than reality and just goes to show how quickly fact can overtake fancy.

He went on:

"It is highly relevant to observe that there are far more opportunities open to blind people today than ever before, in education, employment, vocational interests and in rehabilitation, also that no small measure of this increase in personal freedom and activity can be attributed to the development over the years of a wide range of aids which permit a much increased participation of the blind in the life of the community".

## Mobility Allowance to go up by £2 a week— New £7 rate will be payable from November

The Mobility Allowance, which is at present payable to disabled people between the ages of 5 and 50 years, will be increased from £5 to £7 a week from November 1977.

The benefit is now being paid to more than 43,000 people and by the end of 1979 everyone up to pension age who was unable or virtually unable to walk would be covered by the scheme. Eventually the allowance introduced at the beginning of last year, would help about one hundred thousand people who previously got no mobility help at all.

# More Disabled People can claim Disabled Allowance

More disabled people will be able to claim Mobility Allowance when the upper age limit is extended to 53.

"I am glad to be able to tell my hon. Friend that we shall shortly be making a further Commencement Order to enable claims to mobility i.e. to people who were born on or after 25th August, 1923. Claims will be accepted from 25th May, 1977, and payment of the allowance will start on 24th August, 1977.

"This means that people aged between five and 53 will now be eligible for the new allowance".

## **Government Aid for Disabled Pressure Groups**

Alf Morris: "Arming Your Critics is no bad thing"

Speaking in Pontypridd recently, Alfred Morris, M.P., Minister for the Disabled, described the Government's progress in helping disabled people to become equal citizens in Britain. So much of the progress that has been made, he said, had been due to the work of disabled people themselves. They have had the ready support of the Government in making new forms of help for disabled people a priority over the last three years.

Mr Morris said: "Far too often the public and the press think that criticism of policy must be unwelcome to policy-makers. But for me that is far from the truth. I am happy that my Department actually provides funds for special interest and pressure groups to enable them to argue the case for the people they represent.

"In 1976/77 my Department gave £514,000 to special interest and pressure groups to help them in their work. Amongst independent organisations representing disabled people were the RNIB; the Disabled Living Foundation, the Central Council for the Disabled and the Disablement Income Group.

"Without the support of my Department, these and many other organisations for the disabled could not have been nearly as effective as they have been in pressing the claims of handicapped people.

"I want disabled people and their organisations to play an active part in making policy. To encourage this my Department has increased grants to all voluntary groups to £5 million this year. And I expect disabled people's organisations to receive a larger slice of this larger total expenditure.

"Improving the status of disabled people, so that they can no longer be discriminated against is a long and hard job. I refer to status, because my job and purpose is to enhance not only the welfare of disabled people but also their status in contemporary society. They have been denied opportunities for centuries. But society's attitudes are changing. I am pleased that part of the reason is the dialogue – which includes argument and disagreement – between disabled people and government. It is my intention to strengthen the partnership in every way possible".

### **Disabled Drivers Lobby Welcomed**

Mr Alfred Morris, M.P., Minister for the Disabled, issued the following statement on the occasion of the rally of disabled drivers at the House of Commons.

The Disabled Drivers' Liaison Committee makes five proposals.

First, we are asked to restore the right to a trike for everyone in receipt of the Mobility Allowance.

**Second**, there is the proposal for disabled passengers to be given "suitable vehicles".

Third, there is the proposal for capital grants for those in greatest need.

Fourth, there is the call for both men and women to be able to apply for a Mobility Allowance up to age 70.

Fifth, we asked to fund and promote projects for the design and development of specialised vehicles and control systems.

I welcome their statement of aims, because the Government itself wants to build on the new scheme of mobility help as soon as it can. But it must not be forgotten that our *existing* plans will treble public expenditure on outdoor mobility help for disabled people.

We have got rid of the injustice of the old scheme by providing help for disabled people who can't drive as well as for those who can. We could, of course, have put all the extra money into giving more help to disabled drivers alone. But that would have made it impossible for us to introduce the Mobility Allowance which will bring outdoor mobility help, for the first time ever, to 100,000 of the most severely disabled people in this country.

In the future, as in the past, we must try to share out whatever new money we can afford as fairly as possible. Because we know that this is what the vast majority of disabled people themselves want us to do.

Thus our reaction to the Disabled Drivers' Liaison Committee's aims is as positive as we can make it. I repeat that we are in the process of trebling expenditure on outdoor mobility for the disabled. We are giving new help to 100,000 very severely disabled people (including 30,000 badly handicapped children). At the same time, we are pledged to protect existing trike drivers. It must be doubted whether any Government would have done as much in the economic circumstances we have had to face.

# Silver Jubilee Committee on Improving access for the Disabled

Speaking at a reception for the National Physically Handicapped and Able Bodied (PHAB) at the House of Lords, Mr Alfred Morris, Minister for the Disabled announced the launching of a Silver Jubilee Committee on improving access for disabled people particularly to public buildings and places of recreation and leisure.

He said: "Disabled people want to live as normal a life as possible. This means making sure they have full access to more and more public and social buildings as well as to leisure and recreational activities.

"The purpose of the Committee will be to encourage simple and inexpensive projects for improving access for disabled people all over Britain. It will also be able to advise on ways of overcoming access problems and of changing public attitudes.

"The Committee will be giving particular attention to places of recreation and leisure including cinemas, restaurants, theatres, bingo halls, and pubs. Membership will be announced very soon and I hope myself to take the chair at the first meeting".

# Around the Homes

## Youth Days at Llanhennock

Two Youth Days were held at the Home in order to include everyone who wanted to take part. Altogether 70 young people, representing various Organisations in the County of Gwent came to learn about our work, to see the Home and in particular, to meet the Residents. Genuine interest was shown and in very many cases the promise to help materialised, both practical and financial.

After the Youth Days a book prize (to be given at the A.G.M.) was offered for the best essay written on the visit. The prize went to Ursula O'Reilly of St. Joseph's High School. Her essay is published here and perhaps expresses better than anything what Youth Day was all about.

# "Youth Day" at the Llanhennock Cheshire Home

The Llanhennock Cheshire Home relies heavily upon the goodwill, time and money of those who offer these golden commodities without considering material recompense. This being the case, such philanthropists must always be "on tap", and obviously drawn to some great extent from the fresh springs of youth. Hence the "Youth Day" held at the Home last March.

No, it was not a stringent recruiting exercise, but rather an introduction to the world of Llanhennock and its Residents. The main object was to convey an understanding of what physical disability really means, how people endeavour to live with us, and how we, the more fortunate, may help to ease their discomfort. Such involvement, of course, is by no means easy, for as the Yiddish Proverb sagely suggests:

"If charity cost no money, and benevolence caused no heartache, the world would be full of philanthropists . . . ."

The format of the afternoon was well directed, interesting, very enlightening, and yes — inspiring: a history of the Cheshire Foundation, a film about a similar Home in Gerrards Cross; the story of Llanhennock itself; a discussion concerned with fund-raising activities; a tour of the Home, and a

recorded address by Group Captain Leonard Cheshire himself. Last but not least was a valuable opportunity to chat with Residents and so come face to face with their problems and pleasures.

Touring the Home and meeting the residents brought the matter of the film down to a very local level. People who may once have felt worthless and a hindrance to their relatives, have discovered how full their lives can be – they are able to perform useful tasks, they can create things, or cheer others with their friendly chatter – most of all, they can feel secure in the knowledge that people do love and care for them.

At Llanhennock one has the many advantages of community life as well as those of privacy – the comfortable sitting-room, the bright and airy Garden Room, or the peaceful, shaded lawns . . . . We saw one man whose life is made so much more enjoyable because of a typewriter – he sits and taps out letters and short stories, so being occupied both mentally and physically – he can feel proud in that he is creating, and improving his standard day by day.

Help, of course, is always in demand, but it is not until one has seen the Llanhennock Home and seen the people living there that one can really understand the hardships they endure, and so feel the impulse to give in one way or another.

But . . . when one has paid a visit to the Home, and met those concerned with it, how that attitude is changed! One feels great admiration for the staff who show such concern and patience, and also those in administration, those who raise funds and those who pay visits and provide entertainment.

One sees how much work is being done, and how much weighs on the horizon – how one's new-found inspiration must get to work.

Perhaps more groups could have the same opportunity to become acquainted with Llanhennock as we did on "Youth Day". It's all very well to make collections, but general ignorance about the whole concern means that the response is not what it should be. As Kahil Gibran says:—

"It is well to give when asked, but it is better to give unasked, through understanding".

Although ambitious, this educative scheme would surely prove advantageous. Not only would one be better informed, but one would have approached directly. When a town, a school, any mass of people is asked to contribute to such and such a "good cause", response is small for most feel that the next man will do his bit.

Let us consider Radindranath Tagore's observation:—

"Men are cruel, but man is kind".

How true it is, thus the personal approach is bound to be most productive.

Applying to schools via "Youth Day" is certainly a profitable method, for this section of society is a veritable reservoir of potential help, enthusiasm, strength, entertainment and care. More and more are realising that today's young people *do* care about those around them – all that's needed is the initial prod in the guise of a visit to Llanhennock itself!

So three cheers for "Youth Day" and here's to its development and continuance!

URSULA O'REILLY

St. Joseph's High School, Newport.



The Queen Mother being handed a copy of the *Smile* by Wendy Hayward of The Chiltern Home on her recent visit to St. Peter's Epileptic Colony at Gerrards Cross.

To Wendy's left are Glyn Morgan (with camera), Mrs Olive Wall and Mrs Barbara Crothers (in headscarf).

Standing behind are Mrs Sylvia Wall (no relation to Olive), Miss Susan Stevens, Miss Jacki Hart and Mr Victor Astin.

(Acknowledgements The Buckinghamshire Advertiser).

## The Chiltern Cheshire Home

Dear Editor.

The Queen Mother visited Chalfont St. Peter Epileptic Colony recently (*not* The Cheshire Home) and some of us were invited along by their P.N.O.

Here is Miss Wendy Hayward giving The Queen Mother her (complimentary!) copy of *Smile*.

Yours sincerely,

PETER HUGHES.



(Acknowledgements Sheffield Newspapers Ltd.)

## Mickley Hall celebrates its 10th Anniversary

Mickley Hall celebrates its Tenth Anniversary this year and at the same time the modernisation of the kitchen and extension to the dining room is taking place.

We were fortunate in that Group Captain Cheshire was able to perform the stone laying ceremony of the extensions at a sherry party on the 15th June, to which all friends of the Home were invited.

The Group Captain commented on the happy and purposeful atmosphere of the Home to which residents, staff and committee members had all contributed.

The last time Group Captain Cheshire came to the Home was in 1969, since when the number of residents has risen from ten to 36. Many changes have taken place since then in residents and staff alike, extensions have been built and the garden laid out, altogether looking back over the past we can say much has been achieved and for the future we have great hopes.





(Acknowledgements Sheffield Newspapers Ltd.).

# "Cuddlies" Win National Award from Mickley Hall

The residents of Mickley Hall are feeling very proud of their colleague, Mr Charles Grant, who drives in his inva-car to help in the Craft Room at the Home three days each week. Seven pieces of work (including a beautiful hobby-horse) made by the residents of the home and Mr Grant were submitted to the Handcrafts Advisory Association for the Disabled in London, and Mr Grant's work, two cuddly teddybears, were accepted and awarded 90% marks in this national competition.

The presentation of awards was performed by H.R.H. Princess Anne in London, and Mr Grant, Mrs Haworth and a small party of residents and helpers had a most interesting day as they drove down in the Home's minibus to receive the award and see the other exhibits.

In May a highlight was a visit to the Derwent Dams and Ladybower Reservoir to see the wartime Lancaster bombers re-enact the scenes from which the "Dambusters" film was subsequently made.

# Sponsored Sunflower Growth Raises £1000 at 'Cotswold'

The Cotswold Home is quite unique, in that it was born at a Rotarian's luncheon at the Queens Hotel, Cheltenham.

Our benefactor, Mr L. G. Northcroft, attended a recent presentation of a cheque for £1,000 raised from a sponsored sunflower growth competition organised by the Cheltenham Rotarians, together with ladies of the Inner Wheel. The money,

collected by sponsoring the sunflower growth for every four inches, will be used to purchase four beds, mattresses, and bed linen. The cheque was presented by Mr Barry Green, President of the Cheltenham Rotary Club, to Bob Hughes, Chairman of the Resident's Committee.

One again, we are grateful to the landlord and patrons of the Salisbury Arms, near the Home, for their kindness. They asked our Matron to supply a list of suggested items for the new extension. We expected a few things from the list, but to our amazement and delight, they provided everything, including a stereo radio, a clock and glassware, together with plant troughs already filled with beautiful greenery. We are so very grateful, as already, at Christmas, they had provided us with a sumptuous amount of "goodies", which made our dining room look like Aladdin's Cave!

Recently, we were delighted to have a brief visit from Mrs Allan, a member of the Committee of the Sao Paulo Home in Brazil. She was fascinated by the new building and the equipment provided, as things are not so plentiful in Brazil. It has taken three years to find a suitable house, which at the moment, they can only rent. She left us wishing that her stay could have been longer.

When you read this, we will be in our new extension, and we would like to say how grateful we all are, to the many kind friends whose efforts have made this possible.

BOB HUGHES.



The picture of the ceremony shows, from left to right, Louise Gwilliam (resident), Mr Green, Jeanette Harris (resident), Bob Hughes, Clare Back are Mr L. G. Northcroft with the President). Standing at the back are Mr L. G. Northcroft with the President of the Inner Wheel, and Mrs M. Goulder, a member of our Management Committee.

(Acknowledgements Cheltenham Newspapers Ltd.).

# Tenth Anniversary at Springwood

Residents of Springwood House, Liverpool, celebrated the 10th anniversary of the establishment of the Home with an Open Day on Sunday, 19th June.

Mrs Ada Minion, wife of Mr Stephen Minion, a former Lord Mayor of Liverpool, opened the event and she and Mr Minion spent the afternoon trying their luck on the various stalls and chatting to the residents.

With Mr Robert Girling, the Warden as their guide, they toured the Home which is more than 100 years old. Other visitors were very interested in the film on Cheshire Homes which was shown by Mr Welsby, Chairman of the Friends of Springwood.

Thanks were expressed by Mr Jim Morgan, Chairman of the Springwood Residents' Committee, and one of the first to take up residence at the Home a decade ago.

# Anne returns to her Homeland Springwood House, Liverpool

Anne Kerrigan, who had been a resident at the Leonard Cheshire Home, Springwood, Liverpool, for 10 years and was one of the few remaining 'originals', left on Monday, 23rd May, to take up residence at the O'Dwyer Cheshire Home, Bohola, County Mayo, West Ireland.

Before she left, fellow residents, staff, management committee and friends of the Home presented her with a silver locket and a travel alarm clock at a special farewell party.

Before leaving Speke Airport, there were more good wishes for a safe flight and a happy return to her native homeland.

# Summer Days at Green Gables

Sadly I put pen to paper as our usual author, Mr W. F. Brookes, died suddenly on 12th June.

A memorial service was held for him in our Home and the size of the congregation spoke more eloquently of his popularity than ever I can.

Summer has come around again and with it a lot of exchange visits between the Homes; this gives us the feeling of knowing everyone more

personally as each new visitor gives us news of happenings and reminds us of past joys. So now we hear, "Do you remember so-and-so? How is . . . ? Does he or she still . . . ?" and so it goes, and helps us keep in closer touch, and new views and ideas are exchanged.

On 2nd June came a truly blazing June Sunday, and our first visit to the coast at Skegness. Did our married couple who were holidaying with us at the time have a happy time? Yes, indeed.

What did we do there? We walked along the promenade, admired the gardens so beautifully in bloom, a visit to the model village, and a look around the Fun Fair, where the sporty ones amongst us took aim with rifle (no, not at the rest of us) but to win a mascot.

Gala Day arrived on Saturday, 18th June. What a success we think it was. We did huddle into our cardigans a little, but our laughter and delight at the antics of the young aspiring jockeys and the donkeys in the Donkey Derby soon made us forget the chilly wind. What a great idea it all was, and such a good way to get the "lolly" rolling in. We had all kinds of side stalls and games to play, and our Support Groups did so magnificently what their title suggests.

Rhododendron Sunday in our local park is a yearly event, and of course we participate, which helps to swell our coffers.

Derbyshire is a most delightful and truly beautiful county. The scenery is spectacular and breathtaking, and we never tire of looking at it, so now the days are longer and warmer and we can have our trusty old bus and go further along the highways and byways we all so love.

J. Minta.



Sir Christopher and Lady Foxley Norris talking to Ted Ball a Resident, together with Mr R. E. Roberts, M.A., Chairman of the Management Committee and Mrs G. J. T. Speechley, Chairman of the House Committee, during an Eastertime visit to Eithinog, Colwyn Bay.

# Alterations and Improvements at Beechwood

From Susan Hodgson.

We got our new Bus in December last year. It is much bigger than our old one, and has a hydraulic lift and can take six wheelchairs plus some seated passengers. It arrived in time for our Christmas shopping expedition to Boots' large store. They kindly kept open in the evening and the staff helped to take us round and assist with our purchases.

Kirklees Authority give us Film Shows twice a month and these are much appreciated.

Coffee evenings, Jumble Sales and other fund raising activities continue to be given by many Support Groups, Schools and Friends of Beechwood, which raise a lot of money for our funds. We are grateful for all their help and hard work. With prices rising as they are, more and more money is always needed.

The alterations are nearing completion. The old Conservatory has been pulled down and in its place we now have a new office for Matron, and a super bathroom with an electric hoist, and a "loo" with a most comfortable seat! There is also a storeroom and a new ramp to enter from the garden through to the T.V. room which has an easy gradient for both electric chairs and self-pushing ones. All the doors have been fireproofed, and our latest alteration has been a composition floor laid from the front door right along the passage to the dining room. It was a bit chaotic whilst this was being done, but the result will be good and easier to keep clean.

Many entertainments are given for us in addition to those we are invited out for. We've had concerts, Gym Displays and groups of Dancers and we do appreciate all their efforts.

On the 28th May a few residents went to Ampleforth College for the Annual Thanksgiving Service to Group Captain Leonard Cheshire. After the Service and tea they were shown round by the boys.

The holiday season has begun again. Visits are being arranged to relatives and friends and exchange weeks at other Homes. Huddersfield Spastics Society are taking our spastics to Butlinland at Pwhelli in June for a week.

# Amateur Radio Network at Staunton Harold Featured on Television

During April we had the thrill of seeing and hearing Betty and Harry Houghton twice on the BBC1 TV Series 60/70/80 Show! Irene, the programme's charming compere was interviewing the well known blind radio amateur John Gordge (G3HRJ) — a regular supporter of our amateur radio net — at his home near Romsey, Hampshire. She wanted to know how amateur radio could be accomplished by the disabled and elderly.

John described very clearly how ideal it was for those who had a basic knowledge of electricity and radio, or keeness and ability to learn the elementary theory so that they could pass the Radio Amateur Examination and then learn how to send morse at 12 words per minute. (The examiners are very sympathetic towards the disabled and, where necessary, do the exam. orally).

John demonstrated the working of his own radio station by talking first to G3MAC Paul Bates in Sussex, then to John G4EUU a retired consultant in Hampshire and then to Staunton Harold Cheshire Home where Betty (G4EVM) and Harry Houghton (G3OPY) were waiting. Their voices came over the T.V. loud and clear and we had a good view of their room and their radio sets.

Betty was then interviewed by Irene by radio and gave a very clear description of her own experiences in studying for the R.A.E. and morse test and her resulting enjoyment of having her own callsign, G4EVM, and being able to talk to people near and far.

Irene also asked Mrs Ruth Gordge about Amateur Radio and she was most enthusiastic as it kept her husband happy and enabled her to attend the various activities in the village.

Finally the series presenter, Roy Hudd, described the way the Radio Amateur Invalid and Bedfast Club helped large numbers of disabled people to take part in Amateur Radio activities and read humorous extracts from the Club's bi-monthly magazine *Radial*. Roy ended by announcing that a special leaflet was available from the 60/70/80 H.Q. at the B.B.C. describing how viewers could become members of the R.A.I.B. Club.

I do hope that the programme results in more residents of our Homes joining the weekly Leonard Cheshire Foundation Amateur Radio Nets every Thursday on 83 metres (3690 KHz) at 1.30 p.m.

G2LR



A lovely picture of the G. C. cutting the tape at the official opening of Agate House last January.

# Earl Mountbatten of Burma Opens Extensions at Appley Cliff

The great occasion for the Isle of Wight Home, Appley Cliff, was the opening of their extension by Earl Mountbatten of Burma. Lady June Onslow, the Trustee for the Home made the speech of welcome and introduced his Excellency.

The house was a small hotel until 1973 and during the last four years the Committee and staff have managed to transform it into a home with warmth and brightness. The extension has provided 12 residents with single or double rooms at ground level, together with good working facilities for the staff. This leaves just three residents upstairs, and a double room for short stay visitors.

Lord Louis, being the Governor and Lord Lieutenant of the Isle of Wight had paid a visit soon after the home had opened and everyone was highly delighted that he was able to spare the time in this Jubilee year to carry out the opening ceremony. He took a great interest in the improvements made since his last visit and had time to talk to everyone present.

It was Derby day, so when the Race started, Lord Louis sat in the lounge to watch it on television and to have tea. The Home has a view looking out across the sea, and is right next to a little park where a Band plays in the summer. During the holiday season residents attract visitors by selling rock with "Cheshire Homes" all the way through! They also sell second-hand books for holiday reading. The short-stay room is not always fully booked for some of the weeks during the season, so a late booking might be possible for someone who could manage the short boat trip from Portsmouth.

# G.C. 'drops in' at Alne Hall

The sky was the limit when the Group Captain flew in by helicopter to pay us a brief visit from R.A.F. Linton-on-Ouse where he had been taking part in the celebrations of their fortieth anniversary. On the same day the Duke and Duchess of Norfolk unveiled our commemoration plaque on our new building, which has now reached the half-way stage, we are all coming down to ground level on its completion.

The Duke also launched our Building Fund Appeal and opened his home, 'Carlton Towers' on 21st June. The proceeds of that day were given to us.

We had a very successful Garden Party at Hoveringham Hall and raised £3,000. The weather only just kept fine, but the money still rolled in. We are very grateful to our Appeals Committee for their very hard work.

Holidays are in full swing from Kent to the Isle of Skye and all points between.

D. Dunn.

Alne Hall, Alne, York.



A group of happy children with two of their housemothers at The Green, Christleton, Nr. Chester. The cake was given to the Home by the Corn Trade Association in Liverpool, this being the third year that they have sent a similar cake from their annual dinner.



# The G.C. features on latest Souvenir Philatelic Cover

The latest souvenir philatelic cover in the R.A.F. Museum's Historic Aviator series, dated Friday, 13th May, 1977, links the 40th anniversary of the opening of R.A.F. Linton-on-Ouse, Yorkshire, and the name of Group Captain Leonard Cheshire, V.C., D.S.O., D.F.C., R.A.F. (Ret'd) who served at that station for periods between 1940 and 1943.

The cover depicts the return of the Whitley bomber, P5005 (N for Nuts), to Linton at dawn on 13th November, 1940, with a 12 foot hole in the fuselage following a raid on Cologne. It was for successfully completing this raid and for bringing back his severely damaged aircraft that the pilot, then Flying Officer Cheshire, was awarded the D.S.O.

On Friday, 13th May, 1977, Group Captain Cheshire returned to R.A.F. Linton-on-Ouse as a guest and during the day he flew, with the souvenir covers, over part of the route (as far as the Dutch coast and back) taken by the Whitley that night 37 years ago. He was accompanied by the Navigator on the 1940 flight, ex-Sergeant R. (Taffy) Roberts, now the Headmaster of a school in Anglesey, and the only other surviving member of the crew. When the Group Captain returned to Linton he was met by another person with memories of that night, the driver of the ambulance that went out to meet the crippled P5005N when it landed, Mr Harold Watson.

On the evening of 13th May, R.A.F. Linton held a commemorative guest night for which Group Captain Cheshire as the guest of honour, and Mr Roberts accepted invitations.

The following day the Group Captain took the oportunity to fly in a Gazelle helicopter from Linton to the Cheshire Home at Alne, 6 miles north of the Station. The helicopter also carried 1,500 stamp covers which Group Captain Cheshire had autographed.

These have all been sold, but some ordinary (see photograph) souvenir covers are still available from The Project Officer, Wing Commdr. R. P. Langton, R.A.F. Linton-on-Ouse, Yorkshire YO6 2AJ at 35p each (postage 7p extra). Profits from this special cover go to the R.A.F. Museum Appeal Fund for the Battle of Britain Museum at Hendon.



## PAROCHIAL EFFORT RAISES FUNDS FOR ROECLIFFE MANOR

About a year ago the Reverend Michael Wilson, Vicar of St. Anne's Church, Leicester, spoke at a Family Communion Service of how the Church Council and the congregation wished to involve themselves more effectively in the work of God and to make this involvement practical and beneficial.

To this end, last Autumn it was decided to inaugurate a parochial endeavour in Lent 1977, with everyone committed to a common task of pooling their energies and talents.

After sincere and deep discussion, it was agreed that Roecliffe Manor Cheshire Home, being local and greatly in need of support commended itself as a cause which transcended church allegiance and would appeal to the love and compassion of many people; a task with a defined aim and a visible and enduring result.

The project began on Ash Wednesday and ran until Easter Eve with the declared objective of £500

Seventy people from the Church visited the Home during Lent and realised that £500 would be but the proverbial drop in the ocean and returned with renewed vigour to work that much harder.

The money raising events were many and varied:—

An "At Home" at the Vicarage.
A Parish Entertainment and "Sing-along".

A Treasure Hunt combined with an open invitation to visit Roecliffe where on the day, cream teas were available.

Two Coffee Mornings, an Evening of Music.

A Painting Exhibition by the local Art Class.

A Saturday "Swop-Shop". A Cheese and Wine Evening. A Disco.

A Ploughman's Luncheon.

A Coffee Evening and a Sponsored Table Tennis Marathon.

It will be seen from this how every age group involved themselves in this truly Parish Effort, and on 22nd May, the Vicar spoke of the wonderful Christian spirit and co-operation which had been evident throughout the whole project, and handed over a cheque for £1,135 as the result of such a magnificent effort.

In accepting the cheque, Mr Bill Jones assured everyone that the money would be well used towards the cost of furnishing rooms and congratulated all concerned on the success of what he believed was an unprecedented venture for a Parochial Church Council.

It made him feel very humble but it renewed his faith in the vast amount of goodwill that still existed in the world today.

also that year a lift was installed which enabled the Home to be filled. Last year Mr Eamonn O'Toole was appointed as Administrator, and he is doing a splendid job. His lovely wife does the cooking voluntarily and helps in other ways.

On Sunday, 30th January, a charity walk took place from Limerick city to the Home, a distance of 30 miles, hundreds of people turned up for it and raised £1,800. This magnificent event was the brainchild of Mrs Teresa McMahon, and on Sunday, 27th March, she handed over the cheque to the Committee.

Miss Win Harrington who was Chairman of the Management Committee resigned last year to go into politics, a more fitting person would be hard to find. It was she who got this place going and for years took care of us like a Mother. Who said women can't be champions? Mrs Babs Hayes has now taken over as Chairman, and looks like being another champion.

We in Rathfredagh Cheshire Home pride ourselves on being a friendly sort and having a very homely home.

Joe McMahon.



# Sponsored Walk at Rathfredagh

Rathfredagh Cheshire Home is a most beautiful mansion more than one hundred years old, set in acres of lush green fields and surrounded by tall trees. It opened as a home in February 1971, with a few residents and gradually filled up to the present 30.

A lot of things have happened here since I came in October that year, and still continue to happen; here are just a few of them.

In November 1974, our occupational therapy room was opened, and we now have Mrs Joan Ruddle as our teacher. In 1975 the interior was painted for the official opening which was performed by the then President of Ireland, Cearball O'Dalaig, and Group Captain Cheshire,



TWO-IN-ONE PRESENTATION—Presentation to Rathfredagh Cheshire Home, Newcastlewest, Co. Limerick. Mrs Babs Hayes (centre), Chairman, Rathfredagh Cheshire Home receives a cheque from Mrs Teresa McMahon, organiser of the charity walk, and also a cheque from Tim Cahill. Mrs McMahon's cheque was from the proceeds of the charity walk from Limerick to the Cheshire Home, a distance of 30 miles. Mr Cahill's cheque was the money raised by the staff of his shop who were sponsored for the walk.

Photograph: The Cork Examiner

# The O'Dwyer— Cheshire Home in Bohola, Co. Mayo

by Mary Gaffney

Group Captain Leonard Cheshire, V.C., D.S.O., D.F.C., has opened a total of 167 Cheshire Homes all over the world. Among his favourites and one which he regards as the finest, is the most recently opened, the O'Dwyer-Leonard Cheshire Home in Lismirrane, Bohola, Co. Mayo.

Of it, Ireland's ex President Cearbhall O'Dalaigh said its opening was the highlight of his Presidential career, and it is regarded by all connected with it as "the miracle Cheshire Home".

Dr Pat Woods, Chairman of the Management Board, explained: "It is a 'miracle' Home because if anyone had suggested seven years ago that it could be built in this area it would have seemed incredible.

O'Dwyer-Cheshire Home at Lismirrane, Bohola, Co. Mayo.

"Yet despite all odds and many set-backs the Home is now functioning. It is the first Cheshire Home West of the Shannon and caters for handicapped people in the younger age group from Connacht and Donegal. At the moment we have 19 people suffering from multiple sclerosis, spina bifida, celebral palsy and polio. When the Home is full we will have 32 residents.

"We do not take many people at the same time because we want the residents to adjust to one another by degrees, as in a family".

The O'Dwyer-Cheshire Home at Bohola became a reality when the Mayo Foundation in New York decided to help the handicapped in the West of Ireland and Mr Paul O'Dwyer, President of the New York City Council donated the site of his family home at Lismirrane, Bohola. The old homestead was knocked down to make way for the new building which was opened on 27th August, 1976.

The Home was built at a cost of £220,000 of which £110,000 was presented by the Mayo Foundation, £75,000 by the Department of Health, £13,000 by the Dublin Committee O'Dwyer-Cheshire Foundation and £6,000 from local subscriptions.



The day to day running of the Home is undertaken by two senior nurses, Eileen Commins and Sophia Scully. They are helped by Sister Audrey of the St Louis Sisters. Local people living within a half-mile of the Home make up the remainder of the staff, while the residents are encouraged to help when they can.

The residents each have their own room which is theirs while they live. Even if they have to go to hospital it is kept for them until they return. They have their own association and through this have a voice in the running of the Home. They also have their own methods, by raffles and selling their craft work, of raising money for outings.

"But this is not an institution", Dr Woods pointed out. "They live here as a family and we want as many people as possible to visit them at any hour. There is no such thing as visiting hours. The door is always open. This Home, and all Cheshire Homes, belong to the residents. Our capacity is to help them run it as comfortably as possible".

Dr Woods showed me over the spacious one-storey building and in the living room from which all corridors deviate I met the residents of the seventh Cheshire Home in Ireland, and the only one in Connacht. This is a large 'L' shaped

room regarded as the heart of the house and as well as central heating a homely fire burned in the open fireplace.

Here the residents play chess and draughts with local people who come to visit, where they watch television, work at their crafts and hear Mass on Sundays. Off the living-room is a meditating room where residents can retire for private prayer. This room, in keeping with the aims of the Cheshire Home, is non-denominational. Later on it is hoped to build an occupational therapy room and a chapel-cum-concert room.

Each of the bedrooms look out on gardens and flower beds designed and planted, voluntarily, by Mr John Colleran, a native of Co. Mayo. An unique feature of the gardens is raised flower beds which the residents can work from their wheelchairs.

So, Bohola, in a quiet corner of Co. Mayo, is linked with a world wide organization caring for the physically handicapped in a family unit setting. To survive, money has to be raised through voluntary efforts and they depend on the kindness of the general public.

But on opening day, Group Captain Leonard Cheshire said with conviction, "This Home is part of the community and come wind or rain it will not fail because the people will not allow it".



# **OVERSEAS**

# **SIR LOUIS MBANEFO**

A Tribute by 'G.C.'

All of us who have had connections with Nigeria or who have taken part in the various International Regional Conferences between 1970 and 1974, will have learnt with deep regret of the death of Sir Louis Mbanefo in April.

In the early 1960s, when he was a Judge of the Federal Supreme Court of Nigeria, Sir Louis embraced the cause of the Foundation and was personally responsible for the building of the first purpose-built Home in Nigeria – in Enugu. This he did by the simple, but hitherto untried process, of inviting the owners of five major building companies to his Chambers and telling them that he needed a Home for children. It resulted in a cost-free Home!

But above all we remember him for his unique contribution to the various International Conferences he attended, and particularly for his skilled and professional advice in drawing up the Regional Constitutions. He was a man of tireless energy, devoted to many good causes, a great patriot, with time for everyone who wanted to see him however humble, and gifted with a lovely sense of humour as well as a keen and penetrating mind. I know that all the Foundation would wish to join me in offering his widow and his children our warmest and heartfelt sympathy.

Leonard Cheshire.

# San Fernando, Trinidad

LENNY ROBERTS

On Monday, 28th March, 1977 the Cheshire Home in San Fernando lost one of its most remarkable and outstanding residents, Lenny Roberts, after a brief illness. He was among the first four of the men who formed the nucleus of the Home when it opened in 1967. Lenny, paraplegic after his house fell on his back, had spent some nine years in the General Hospital at San Fernando.

His response to his disability was the measure of the man. Tall and heavily built physically, his spirit was of similar dimensions. I have never heard him grumble about his hard fate; his cheerfulness was an inspiration to all who came within his influence. Deeply religious, he was always by word and actions thanking God for whatever blessings were left to him in his greatly restricted life. He was aided no doubt in maintaining this attitude so consistently by the fact that he kept his hands constantly busy. While in hospital he learned an exquisite type of wood carving. originally brought to the West Indies by a German immigrant. Lenny gave the art a lustre of his own. Many visitors to the Home from abroad have had the good fortune to be presented with one of these treasures. He passed on the craft to other residents of the Home, though none ever reached his level of excellence.

He learned bookbinding at the Rehabilitation Centre where he was subsequently employed as a bookbinder.

In August 1966 he was a member of the four-man team of paraplegics who went to Jamaica to compete in the Second Commonwealth Paraplegic Games.

In April 1975 he was the representative of Trinidad at the International Family gathering of Cheshire Homes around the world in London. Here his friendly buoyant spirit made him a great favourite with the delegates. His friends around the world will join us in regretting his untimely passing.

# Papua, New Guinea

VOLUNTARY HELP APPRECIATED

Brother Anthony Scully, O.H. from the United States is now in charge of the Home, were we have 14 children at present who are doing well thanks to our Sister-in-Charge, Staff and Volunteers. We are fortunate to have a physiotherapist, Mrs Jenny Brogen, who comes three days a week to work with the children, as a volunteer. Their kindness and patience with the children are remarkable. We are fortunate to have people of this calibre to keep the function as well as the philosophy of the Home in motion.

Four students from the Hohola Youth Centre come each day for three hours to assist with the children. It is a good chance for them to see some of the social problems of their country.

We were very pleased to have some members of the Pacific Islands Association to paint the children's sleeping and play rooms. Our Home is certainly clean and bright and cheerful with light blue walls and white ceiling and trim.

Dr Jean Hamnett, Pediatrician, now comes once a week to treat the children, she has a real interest in the Home and the children.

The renovations of the nurses' quarters are almost completed. Drapes are to be hung and finishing touches made here and there. We are very grateful to Mr Justice and Mrs Suldanha and his committee and to Mrs Gainger who spent many hours of hard work for the Home, in fund raising.

We have had many students come to the Home during the past six months, and are happy to have them and to be of some service to them in their education. In the future we hope they will remember the Home in their work in the health field and will be of service to us in helping the handicapped children of our Home.

We have recently been approached by the Department of Provincial Affairs to have a Japanese Youth Group come to our Home as part of a 'Goodwill Visit to Papua New Guinea' and are most happy to co-operate in this endeavour.

# Progress and Planning at Sir James and Lady Peiris Home, Mount Lavinia, Sri Lanka

Very considerable progress continues to be made under the aspects of Administration and Business Management. The Residents' Committee has been functioning actively and taken a lively interest in Home affairs. The Home Committee of the Board has taken responsibility for the day-to-day management of the Home and there is now a commendable co-operation and co-ordination resulting not only in more economical and efficient management but also in a new partnership between the Residents and the Staff. Needless to say, the Team Spirit that has been generated is conducive towards a homely and harmonious atmosphere, which is the ideal we strive for.

We have planned three further projects for inauguration in the forthcoming year – Batik Work, Coir Work, and Weaving. The programme will give plenty of scope to test the remaining talents of the Residents and it is anticipated that this will turn out to be an exciting experiment.

We are, nevertheless, not thinking only in terms of food, shelter and clothing of the Residents. We are also planning to place a greater emphasis on their emotional, social, therapeutic and religious needs to help them to make full use of their residual potentialities and thus enhance the quality of their life.

# British Community Donation to New Cheshire Home at San Fernando

On Wednesday, 23rd March, Mr Don Ash, Chairman of the British Community Queen Elizabeth II Silver Jubilee Celebration Committee, presented a cheque for \$18,600 (£4,600) to Dr H. Collymore representing the Committee responsible for the new Cheshire Home at San Fernando.

The presentation ceremony took place at the residence of the British High Commissioner and was attended by members of the Committee which organised the British Community Reception in February whereby the donation was made possible. The money collected has provided a ward in the Home, which has been named the "Queen Elizabeth II Jubilee Ward".



Left to Right: Mr. Diggines.

Mrs. Collymore, Dr. Collymore, Mr. Ash, Mrs. Diggines, (Acknowledgements Trinidad Express Newspapers Ltd.).



# The Jamaica Cheshire Village

Jamaica's Cheshire Village was officially opened two years ago under the Chairmanship of Mr Alty Sasso.

After a Blessing of the Village by the Reverend Caleb Cousins, Mr Felix Fox, O.B.E., the President of the Cheshire Foundation of the Bahamas, Windward Isles and Greater Antilles, welcomed all delegates and presented a bouquet of orchids to Mrs Pamela Farrell. Mr Sammy Henriques, C.B.E., J.P., then spoke and expressed appreciation to those who had already donated fourteen of the twenty houses and to the many other people who had given help both financially, and in personal service.

Mr Sasso expressed the hope that half the houses would be used by the able-bodied who would pay nominal rents and the other half by the disabled who would be heavily subsidised. One house was to be used as a home for three severely disabled children without families. "Parents" for these children have been found. As the scheme matured it was hoped to provide accommodation for adults so severely disabled that they were unable to lead reasonable lives at home.

Professor Golding, C.D., O.B.E., outlined the thinking that had gone into the project.

"It is just over twenty years since our Rehabilitation Centre was born based on the premise that employment is nature's best medicine and essential for human happiness. Our course has been directed by the belief that life's prizes are not won by those who are endowed with natural gifts but by those with the will to win.

"We have tried to create a world where the disabled could begin to build back what they have lost; where their battered spirits can rest to spring back again. We have learnt that disability is not just the lack of being able to move like others.

Disability includes the belief that one is defeated; it carries with it not just the suspicion but often the certainty of failure. We have dedicated ourselves to proving that this is untrue, that the human spirit can survive the greatest blows provided we know how to nurture it. This is the thinking behind the construction of this Village.

"To develop abilities and character to the fullest, to give and get pleasure and to share in the responsibility of living is fundamental for everyone, whole or maimed, and is the human right we wish for our disabled. It is to this end that this Cheshire Village was conceived, brought to this moment and awaits its first uncertain steps. If it lasts, if it develops, it will not be because of us who began it or you who have come to wish it well, but because other men to come will think and believe and feel the same way we do".

#### As others see us

Mrs Ann Irvine, a young girl who is not handicapped, lives in Jamaica's Cheshire Village. Here she sets out some of her thoughts about it:—

The whole idea behind Cheshire Village, as I see it, has been to integrate the normal with the physically handicapped, the more fortunate with the less fortunate, in a small community semi-detached from its surroundings. It's like a little town all on its own, with an added air of security and general neighbourliness, and I must say it's been pleasant living here.

Living in close contact with the physically handicapped has altered one of my many misconceptions, and has made me aware just how wrong my attitude has been to such individuals in the past. I've always felt, and I am sure I am not alone in this, that victims of polio and others so physically handicapped have been committed to a life of misery - that they have now become helpless and dependent and, as a consequence, unhappy and fed up – and for them I've always felt the greater amount of pity. However, living in Cheshire Village for just over a year now I've come to realise just how wrong I was. For in fact, I now see these people as being almost like us adaptable, functioning almost independently in society, overtly happy, and certainly not in need of sympathy or pity from the onlooker.

So much so that Cheshire Village is no longer considered by me to be a special village, but now becomes seen as just another community with an extra amount of community spirit.

The sense of pride and independence shown by residents of Jamaica's Cheshire Village comes out vividly in these accounts:—

### **Caroline Howell**

Caroline was one of our polio victims in 1956. She finished up with a weak leg and has to wear a brace. She and three other girls share one of the

houses in our Cheshire Village. Caroline works at Coconut Park which is an Amusement Centre run by our Mentally Handicapped Association in conjunction with the Polio Foundation Jamaica Trust. Caroline commonly known as "Pepper" is well able to look after herself. She acts as cashier in the restaurant. She has proved herself to be well able to look after herself and handle the public. At work as at home, Caroline keeps a high standard for herself. Her home is a model of tidiness and efficiency.

#### Re-Cycling of Pathology Glass

One of the rooms in No. 8 Florence Way has been converted into a workshop where Sidney Hall and Clement Daniels work. They are both young paraplegics in wheelchairs. In addition to this work, Sidney repairs radios and Clement is a skilled watchmaker.



Sidney Hall

Every week a large box of used tubes arrive from the Pathology Department at the University Hospital. These have to go through a complicated process of cleaning, washing, boiling, labelling and resterilizing so that they can be put back into use. One of the gardeners at the Cheshire Village help carry the tubes backwards and forwards so that Mrs Richards who manages the Village can transport them back to the Hospital. This small business is not only extremely useful, but keeps these two men well employed and able to look after themselves. Clement particularly is a great gardener, and the land behind his house and on both sides is beautifully looked after producing all kinds of vegetables and flowers.

#### Mrs Vassel - House No. 4

Mrs Vassel and her husband live with their disabled son at No. 4. We discussed the matter of her being allotted one of the Cheshire Village houses if she could look after one or two disabled



Caroline Howell

children as well as her son. She has taken on two girls and a boy who had no parents and were proving to be major problems when it came to their attitude to life in general and schooling in particular.

The change in all these three children has been most remarkable. Patrick in particular has always been a problem since he was born without any legs below the knee or a right arm with the left arm very poorly developed, is extremely lively and always in trouble. He would not look after himself and he would not learn. Since living with Mrs Vassel, his whole attitude to life has changed. He is rapidly catching up with other children of his age and will probably be above average by the time his education is finished.



Clement Daniels



(Acknowledgements The Statesman Ltd. Calcutta).

# CONQUEST OF HAPPINESS

Wedding at Serampore, Calcutta

Perhaps this is the first wedding in India of a couple who were polio victims, and now have been rehabilitated physically, economically and psychologically through the care and assistance of two Institutions. They were married on 17th April, 1977, at the Serampore Cheshire Home.

The bride Sudharani Kisku (22) of Bihar, and the bridegroom, Karam Chand Dhiman (26) of Punjab, suffered from polio in their adolescent vears, causing heavy disabilities. Karma's disabilities have been adequately corrected to be self-sufficient and with the training and assistance rendered by the "Sheltered Workshop for the Handicapped" at Ludhiana he now runs a tailoring shop. Sudharani underwent a corrective surgical operation at a hospital near her village which, however, developed complications and both her legs from the knee had to be amputated, and some 3½ years ago came under the care of the Cheshire Homes. She has been trained to look after herself without help and has now turned out to be a competent needle-woman excelling in the art of embroidery. They are now happily settled in Ludhiana, complementing each others work. We hear from them regularly.

The Calcutta Television and the Press evinced much interest in this wedding. The entire expenses of the wedding were contributed by the Committee Members, the ladies of the Alkali & Chemical Corporation of India, the Serampore Mahila

Samity and the visiting boys and girls from the local schools and colleges. Sudha was presented with a folding wheelchair and several gift cheques were received from well-wishers.

# FRANCE'S FIRST CHESHIRE HOME

Foyer Cheshire, the first Leonard Cheshire Home in France (our cover picture) is situated at Fontaine-Française, 38 kilometres from Dijon in Burgundy. It first opened its doors on 1st March, 1976 and has accommodation for 40 men and women between the ages of 18 and 50; this being the age group with the greatest need of help in France.

While nearly all the bedrooms at the Home are single, there are five rooms with two beds for married couples or for residents who prefer company.

The staff consists of the Matron and three trained nurses together with local domestic staff. More trained staff are really needed as most residents are severely handicapped.

A physiotherapist goes in daily and the workshop is directed by a craft therapist. Residents are encouraged to paint, weave, and make baskets and do enamelwork, woodwork and pottery. Every two or three months there is a local sale, and the money raised is used to buy new materials for the workshop. It is hoped that the official opening ceremony will take place later this year.

# R.A.D.A.R.

The merger between the British Council for the Rehabilitation of the Disabled and the Central Council for the Disabled was announced in our last issue. The Queen has graciously commanded that it should henceforth be known as The Royal Association for Disability and Rehabilitation, which gives it the more memorable title of RADAR.

In future all correspondence should be addressed to:-

The Royal Association for Disability and Rehabilitation,

25 Mortimer Street, London W1N 8AB. Telephone: 01-637 5400.

# VIDEO PROGRESS

ANN SPARKES AT MARKET MEWS, writes:

Work in this field is exciting and progressive. By now all U.K. Homes should be aware of the programmes made by our Founder but I guess there are still some Residents and Management Committee members who have still not become acquainted with their content. Please get in touch with me if you feel left out in any way and I will endeavour to put this right!

Naturally there is a language problem overseas, but we are now sending programmes to the United States where we believe we will very soon see Cheshire Homes Inc. opening their first Home. And at the recent Northern Region Conference the Irish delegates were keen to make use of this medium having seen several programmes at the Hilton Hotel.

One of the tapes — "Come to Our Home" is being transferred on to 16 mm film as an experiment. It is so useful to introduce children to the work of the Foundation that having it on screen too may increase its use.

Essex Education Authority are buying a number of programmes and this has prompted them to make their own Video programme shooting on location at Seven Rivers. The work is being done by senior school pupils and is a marvellous form of involvement with the future supporters of our Homes.

I would like to suggest that local schools might agree to giving a Religious Education period in the time-table to the presentation of such titles as Come to Our Home, or A Hidden World or Challenge to Care. Added emphasis is given should any resident be willing to go along. Schools are often equipped with Philips VCRs so all you would need me to send would be the Philips cassettes in question. I keep some for such purposes.

One Sony U-Matic Player is kept for circulation to any Home requiring it for a limited time together with a complete set of cassettes. I would welcome requests for the rest of this year. A circular on the Fund Raising value of Video tapes is always available at Market Mews. Please add to my postbag if I can be helpful to anyone in this field of publicity.

# Leonard Cheshire Foundation Sound Productions

ANN SPARKES AT MARKET MEWS, writes:

I do hope all Residents enjoy the *Cheshire Voice* Magazine which reaches every Home twice a year and is entirely produced by Peter Courchee, Tad Polkowski and Paul Devere. The *Cheshire Voice* is made for all those to whom it is sent and Peter, Tad and Paul would be so delighted to have comments back from listeners – both encouraging and adverse so long as it is constructive criticism.

Peter Courchee is a part-time Disc-Jockey and gives a one hour lunch time programme weekly for the Portsmouth Group of Hospitals using his own Rock records. Tad is the engineer of this team and introduces some of the items as well as operating all the equipment.

I think all who listen will agree that it is marvellous what interesting and diverse items are included and that these producers deserve to be congratulated on their initiative in getting so many interesting people to their Studio.

I am quite a late-comer to this scene but having heard one side of the latest tape which included Roger Sylvester being interviewd by Peter on Mobile Homes for the Handicapped, Nykola Lewis Jones, an ex-ballet dancer, now paralysed talking to Paul on her marvellous involvement with APHAB, and Norman Croucher, the famous rock climber being interviewed by Peter on his full and varied life since he lost his legs in an accident on a railway line, I am determined to join the membership of the *Cheshire Voice* and will be installing a cassette player at Market Mews so that we can all listen in spare lunch-time half-hours.

If any Homes are lacking a cassette player, then I will soon be able to give them details of types and prices should they care to get in touch. I understand that Greenhill House at Timsbury use their Talking Book Machine which also takes these cassettes and by this means a larger number of Residents can gather round and listen at the same time.

The Studio, based at Le Court, is well equipped and soundproofed and other exciting projects are now being discussed. Space there is limited and with three wheelchairs there is only room for a limited number of able bodied people. However, they welcome prospective contributors and supporters, and hope they will be hearing from you.



# HUNTINGTON'S CHOREA—A MEDICAL CURIOSITY!!

By Veronica Rose

Until early 1971, people at risk or suffering from Huntington's chorea in the U.K. had no communication level. Little was known about it, beyond the fact that it was a degenerative, hereditary disease of the brain, carried by an autosomal dominant genetic mechanism, whereby the defective gene dominates its normal partner gene in an unaffected parent.

Since then a great deal has been learned about all aspects of the disease, due in no small way to the formation of a Committee to combat Huntington's Disease. This was pioneered by a young housewife, who is one of the estimated 4 to 7 in every 100,000 people at risk from the disease.

It was first accurately described by a 22-year-old American Doctor, George Huntington in 1872, who concluded his lecture with the words, "I have drawn your attention to this form of chorea, gentlemen, not because I consider it of any great importance to you, but merely as a medical curiosity, and as such it may have some interest".

Manifestations of H.D. are symptomatic of a broad spectrum of neurological disorders and may vary from mild to severe, from mental or physical alterations. These include mental impairment in the guise of irritability, lethargy, indifference, amnesia, carelessness, poor judgement, or sexual promiscuity. Without realising it, they may become anti-social in attitudes towards friends, family and neighbours, leading to a wide gulf, or alternatively the first manifestations may be seen in physical signs such as excessive choreic movement or merely an unsteady gait.

For patients the major problem is where can they go, when they need skilled care and attention. They do need friends, and they do need an open door desperately. They cannot be rehabilitated because the disease has a progressive crippling action, caused because the gene destroys the brain cells which are responsible for the control of muscular movement. They are not physically ill, in so much that they can be treated briefly then returned to

the community. Neither are they mentally ill, and many manifest no signs of mental disorder.

Neither are they necessarily geriatric. Signs and symptoms manifest themselves in middle life, and longevity can be assured for a few to perhaps 15 years.

Individuals are unable to find accommodation because some landlords suspect that their unsteady gait is due to alcoholism and refuse to accept them. Or what is construed as anti-social behaviour is deemed objectionable. Amid all this confusion is the tragedy that the last person to understand what is happening is the patient him/herself.

Some sufferers, reluctant to reveal the nature of their disability are unwilling to apply for Supplementary Benefit while others may qualify for the Attendance Allowance which, considering the profundity of the disease is totally inadequate. Fear of rejection or of stigma falling upon the family is also a major contributory factor.

This is but a part of the misery, but even worse is the uncertainty. Manifestation of H.D. occurs at an average age of 42. It is considered rare in children, and equally rare in persons above the age of 70.

All direct descendants of a sufferer are at risk, but the pattern is indiscriminate, in that all, none, or just one sibling will inherit the defective gene. Those who do not inherit from their parent have broken the direct chain of inheritance, because H.D. does not miss a generation to reappear in the third. This poses more heartbreak. Do they marry, and have children hoping that they will not develop the disease? Do they marry and avoid a family, thus risking an adverse response of a partner when later regret sets in or when the disease fails to develop?

H.D sufferers need friends badly, who will accept them and try to ease the misery which very often ostracization will cause. Some are blamed and rejected by their families. Others are cared for until lack of facilities and strength fail, and they seek informed help.

This then is a part of the tragedy of Huntington's Disease. The medical curiosity which places a sufferer and his family on a central island constantly seeking for a welcoming hand, a friendly face and a listening ear. H.D. has few parallels, but it more than makes up to that in trauma and loneliness.

# Conference on Huntington's Chorea

Disabilities Study Unit are organising a Conference on behalf of The Medical and Scientific Committee on Huntington's Chorea, on Friday and Saturday, 2nd and 3rd December, 1977.

The Conference, besides being of considerable interest to medical practitioners, will be of value to a wide range of workers in social and allied areas. It is being held at The Institute of Child Health, 30 Guildford Street. London EC1.

The Registration fee is £5 per person which includes lunch and refreshments for both days.

Further details from: The Director, D.S.U., Wildhanger, Amberley, West Sussex BN18 9NR.

# Sex Taboo?

People who live in residential homes have the same sexual needs as others, says a report by a recent working group of the Personal Social Services Council. It reviews widespread aspects of residential care of adults – including the elderly, physically handicapped, and those recovering from mental illness.

The study was commissioned by the Government three years ago after the death of a resident in a local authority home, and it stresses that more than food, shelter and protection from harm should be provided.

The group suggests that where intimate relationships or sexual freedom are not allowed it might be because staff of residential homes are embarrassed, morally offended, or because other residents would be offended. The report asks whether it is right for residents to have a morality imposed on them.

"Do they (the staff) understand that handicap of any form does not necessarily diminish the need for sexual relationships? Do they realise how they can, both by their attitudes and also by practical help, relieve tensions and promote considerable happiness? Have they been given any guidance or help in learning about this?" says the report.

The group, which has been surveying state-run voluntary and private homes, also says that there is not enough encouragement for individuals to develop their personal abilities to the full. And it gives a warning against allowing residents to become institutionalised.

The report lists things which hamper good care. It cites as "bad practice", pressures on residents to conceal their emotions — "attitudes within homes which deny emotional or sexual needs of residents and discourage the formation of close personal relationships between them".

# **Book Review**

# Incontinence

A Guide to the understanding and management of a very common complaint

by Dorothy Mandelstam, MCSP, Dip. Soc.Sc.\*

The people, estimated to exceed two million, who suffer from this common and ordinary complaint, often do not believe that they should mention it because it is impolite and embarrassing to themselves and others.

Incontinence as a subject is poorly covered in the training of doctors, nurses, social workers and others. So incontinent people, if they pluck up the courage to mention their troubles don't always get the necessary help.

This book has been written to dispel the ignorance about the condition. It is a pioneer in its field despite the commonness of the complaint. Mrs Dorothy Mandelstam, the author, is an expert. She understands fully the dreadful problems incontinence can give and the destruction it can cause in people's lives. As a physiotherapist and social worker, her approach is entirely up to date. In her book she sets out clearly and simply the basic causes of incontinence and how they affect different people and how they can be treated. The book also describes a whole range of appliances, clothing, methods and items which make coping with it easier. These are fully illustrated with Mrs Brenda Naylor's clear line drawings. The book is a mine of information for incontinent people, and should help to get rid of the ignorance which often surrounds the whole subject, and reduce the feelings of embarrassment and shame which make people unwilling to ask for help.

\*Published for the Disabled Living Foundation by Heinemann Health Books. Price £1.75. Obtainable from bookshops or (cash with order) from the Disabled Living Foundation, 346 Kensington High Street, London, W14 8NS.

# **Social Barriers**

Some conclusions and recommendations of the United Nations Expert Group Meeting on Social Barriers to the Integration of the Disabled

Social barriers to the integration of disabled persons into community life are the result not only of prejudicial attitudes but also of structural factors within society, according to the United Nations Expert Group.

Social barriers often can be the results of developments within society that fail to take into account the special needs of the disabled. For example, standardized community health, education, and transportation facilities designed for "average" citizens frequently are of greater benefit to the young and the physically fit, and are difficult for disabled people to use.

Integration of disabled people into community life can be facilitated if rehabilitation and other social services provided for the disabled are developed as a part of national socio-economic development plans and policies. Disabled people should be involved as much as possible in the formulation of plans that will affect them.

Discriminatory actions may be direct and indirect and they may take place on different levels: the individual, the institutional, and ideological. Thus individuals may choose to avoid contact with disabled people whereas institutions may indirectly perpetuate the avoidance of contact by being physically inaccessible or by having physical fitness requirements unrelated to the task to be performed.

The United Nations should study existing laws, codes, and regulations within its member nations to determine whether they include discriminatory provisions against the disabled.

Architectural barriers are among the most prohibitive social barriers to integration and they often compound the effects of other social barriers.

Disability within a family affects the life of the whole family. Disability may become a barrier to marriage or intimate relationships because of social attitudes. It is even possible for the non-disabled siblings and other family members of the disabled person to be stigmatized. Sex role stereotypes and traditionals standards of beauty may place restrictions on the social interactions available to disabled people, while the disproportionate

limitations on the access of disabled girls and women to suitable rehabilitation services can constitute an added barrier.

Public ignorance about the various kinds of disability and their effects must be reduced with particular attention given to the attitudes of children. Community educational media such as films and television should be used to show disabled people as having the same spectrum of skills, talents, and emotions as the able-bodied.

Evaluative research should be built into all efforts to reduce social barriers in order to provide greater understanding of the effects of such efforts.

Reprinted from "The International Rehabilitation Review," 5th June, 1976.

# BEYOND

On looking at the road in a picture, from my bed

The friendly road goes down the hill to valleys green and brown,

And far away, the roof tops of the little country town.

Journeying on, a river flows past meadows broad and bright,

And on and on the road goes, beyond the range of sight.

I never reach horizons, for they fade into the blue,

They recede, as I advance toward the point of view.

That's the way it is in life, there's always something more,

Some new dream to spur us on and fresh roads to explore.

When at last the shadows fall, the journey I must break,

Stopping at the cross-roads, a little rest to take, Looking at the distance, in the morning I shall see The road of life runs onward into eternity.

PHYLLIS M. YOUNG

Le Court.

# Living with fire risks

Too many complicated and costly fire precautions could turn residential homes into "virtual prisons" and force many homes which provide good care into financial difficulties, says a report published by the Personal Social Services Council. So, despite concern roused by several fatal fires in residential homes in the past two years, the report recommends that fire precautions should not be allowed to take priority over everything else, and some degree of risk has to be accepted.

"The alternative is closure of many homes and a very restricted way of life in others", says the report, by a working party set up in 1974 at the request of the Secretary for Social Services to produce guidelines for the running of residential homes.

The report's main emphasis is that much more explicit statements of policies and objectives must be established, and that the staff of homes "must be given the strong, continued support without which even the best-intended policies are likely to fail".

Many of its recommendations are aimed at involving the residents in setting objectives, and regularly reviewing them. The emphasis should be on providing a permanent home where they have the chance "to exercise their capabilities, however limited, to the full". For the younger, physically handicapped residents, every effort should be made to enable them to establish themselves in the community. To cope with this transition, the report says: "There is a clear need for a special service to which both home and individual can turn for help".

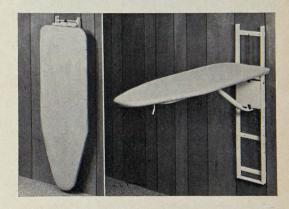
The report suggests the need for an established procedure for admitting people to homes, for assessing the needs and the wishes of the client, and whether residential care is appropriate. "No final decision should be made about the permanency of a resident's stay in care until a review has been made of his situation at the end

of three months". Residents should be able to visit the home before accepting the offer of a place, and written information about the home should be supplied.

Residential Care Reviewed, published by the Personal Social Services Council, Brook House, 2/16 Torrington Place, London WC1E 7HN; price £1.10 post paid.

# **Ironing Made Easy**

At last a Wall-mounted Ironing Board, specially designed for use by disabled persons, is available. After many months of work, and with the help of the Disabled Living Foundation, The Spastics Society and The Nuffield Orthopaedic Centre, the Ironing Board is in production and has already excited considerable interest.

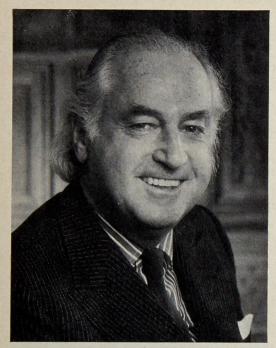


Basically it consists of a braced steel frame which is firmly secured to the wall by ten screws. The Ironing Board itself is mounted on the wall-frame in such a way that it can be erected and folded away using only one hand and is fully adjustable for height.

It can be used by persons in wheelchairs and is suitable for left-handed and right-handed users.

A plated steel ramped iron stand is available as an optional extra. This is designed particularly for use by persons with arthritis and other complaints which limit the mobility or strength of their wrist and who cannot lift the weight of an electric iron.

Prices and further details from John R. Edwards & Co., P.O. Box 13, Marlow, Bucks.



# **BARRY RICHARDS**

Barry Richards, who has recently retired after 20 years as a Trustee of the Foundation, will be comparatively unknown to many of today's readers of the *Smile* for he has never sought personal publicity, yet his contribution to the work of the Foundation has been quite outstanding.

In 1956 when he offered his services to the Foundation, the needs of mentally handicapped persons were not widely recognised and there was a general lack of sympathy for their cause. It was thus with some trepidation that, on the initiative of the Group Captain, the first Cheshire Home for rehabilitation was set up in Wimbledon, Barry was particularly interested and knowledgeable on this subject and he 'fathered' the project from the beginning, serving on its Committee and encouraging those in charge. The idea of bringing those who had suffered from mental illness out of hospital and by careful rehabilitation establish them back in the community was relatively new and some early doubts had to be overcome. Barry persevered, however, and gradually the value of the work was recognised, so much so that further buildings were acquired in Wimbledon and another Home established in Bethnal Green.

He was a long-serving member of the Foundation's Finance and General Purposes Committee, and his knowledge of financial matters was of great benefit, particularly as he was sympathetic to the spirit of the work and was always ready to back up new projects where he was convinced of the need even though it was sometimes difficult to predict their financial viability.

In the overseas field Barry also made his contribution, for he was one of the main instigators of the work in Ethiopia, where a house in Addis Ababa was offered by the Emperor's daughter. He also helped in other countries.

Many of the residents of Mote House, St.
Cecilia's and Athol House, Dulwich, will remember
with great pleasure the garden parties Barry gave
each year for them in the grounds of Hartley
Manor.

In 1964, he asked whether the Foundation might enter the field of the rehabilitation of alcoholics, but because this would be outside the terms of reference of the Foundation, he went to Camberwell, found a house which he acquired with his own resources and set up the Helping Hand Organisation where those addicted to alcohol could, after hospital treatment, live in a community providing mutual help and support under the guidance of a social worker. The object was that they should return to society rehabilitated, working and, if possible, accepted back by their own families. The organisation was extended to drug addicts and into the prevention field; it is now helping young people in crisis situations who are in danger of becoming addicted. He has also founded Counselling Centres and Day Centres and has extended the work outside London to other parts of England - a total of 14 units to date.

Barry has always been very shy about these achievements and will seldom talk about his work. The fact that Government Departments and charitable trusts today provide finance for this work shows the value they attach to his efforts. Barry still works hard to ensure the smooth running of the Helping Hand Organisation and his increased activity has caused him to offer his resignation as a Trustee of the Foundation, although he still maintains a very close and keen interest in the mental health aspect of the Foundation's work.

M.S.G.

# LOUIS BATTYE

### A Personal Tribute from the Founder

I would like to add my own personal tribute to Louis and to say what a very great loss we in the Foundation have suffered as a result of his premature death.

Gifted with a remarkably clear and incisive mind, which enabled him to converse and write to remarkable effect over a very broad range of subjects. Louis struck me as being essentially adventurous and always seeking to improve both himself and others through his gift of writing and communication. There were times when the ways in which he made a particular point may have sounded aggressive or unfair, but in fact this was not so: if anything it was we who tended not to pay sufficient attention to what he was saying, or more precisely not to do enough about it. To all who knew him he was full of humour and fun, kind and sentimental, of great honesty and integrity, and able to identify himself with the needs of others, many of whom found in him a source of comfort and strength.

Shortly before his death we had discussed together the possibility of the Foundation sponsoring a project that he had in his mind for independent living for a small group of the physically disabled and it is our loss that this hope was not allowed to materialise. Nonetheless I know that the spirit of independence for which he stood will bear its due fruit in many, perhaps unexpected ways.

Leonard Cheshire.

# Miss Joyce Hilda Miller S.R.N.

We have been asked if we can beln to trace the

# **Deaths**

- Mundy: on 28th March, 1977, DONALD (DON) MUNDY, age 52, a resident at Alne Hall. Sadly missed.
- Simpson: on 5th May, 1977, ALFRED (ALF) SIMPSON, age 63, a resident at Alne Hall. Sadly missed.
- Fuller: on 27th April, 1977, RICHARD FULLER, age 59, a resident at Cann House since 24th January. 1977.
- Brookes: on 12th June, 1977, W. F. BROOKES, a resident at Green Gables.

  A most dearly loved and respected companion a trusted confidant of all. Sadly missed and never forgotten.
- Daigo: on 27th April, 1977, ROBERT DAIGO, age 45, a resident at Greenhill House Cheshire Home since March 1976. He will be sadly missed.
- Ballinger: JAMES STANLEY BALLINGER, a resident at Spofforth Hall, Harrogate. It is with deep regret that we have to announce the death of our Chairman of the Residents Committee in his early fifties. "Jim" was a great asset to the O.T. Room, as in addition to making a thoroughly good job of various types of work, he always had time to spare for helping others. He had been with us a good number of years and will be greatly missed.
- Jarman: RAY JARMAN, a resident of Spofforth Hall, Harrogate. It is with the deepest regret that we have to report the sudden death of our good friend Ray. Whatever the entertainment provided for the residents it was engineered by Ray. He was much loved, is very sadly missed and will be totally impossible to replace. We extend our sympathies to his wife Audrey, who has faced her sad loss so courageously.

# 1 The Leonard Cheshire Foundation

Registered as a Charity Number 218186

Leonard Cheshire Homes care for the severely and permanently handicapped—those for whom hospitals can do nothing further. They are run as homes, and offer the affection and freedom of ordinary family life, the residents being encouraged to take whatever part they can in the day-to-day running of the house and to develop their remaining talents. Disabled people are admitted according to need, irrespective of race, creed or social status.

The Management of each Home is vested in a Committee as representative as possible of the local community. The Leonard Cheshire Foundation (a registered charity) is the Central Trust, and has ultimate responsibility for all the Homes. It owns all the property, and acts as guarantor to the public that the individual Homes are properly managed in conformity with the general aims of the Foundation. Similar charitable Trusts have been established to control the Homes overseas.

7 Market Mews, London, W1Y 8HP Telegrams, Cheshome, London, W1 Tel: 01-499 2665

Patrons: Dr G. C. Cheshire, F.B.A., D.C.L. The Rt. Hon. Lord Edmund-Davies, P.C. The Rt. Hon. The Lord Denning, P.C.

Chairman: Sir Christopher Foxley-Norris, G.C.B., D.S.O., O.B.E., M.A.

Trustees: Peter Allott, Esq./D. Andrewes, Esq./Group Capt. G. L. Cheshire, V.C., D.S.O., D.F.C./Mrs Sue Ryder Cheshire, C.M.G., O.B.E./R. E. Elliott, Esq./Mrs P. K. Farrell, J.P./D. Greig, Esq./Major T. V. Fisher-Hoch/G. Reid Herrick Esq./J. H. Inskip, Esq., Q.C./H. E. Marking Esq., C.B.E., M.C./Lady June Onslow/B. Richards, Esq./Peter Rowley, M.C./Mrs E. Rowntree/N. R. Trahair, Esq./P. Wade, Esq./R. B. Weatherstone, Esq./B. Worthington, Esq.

General Secretary: Miss C. T. Short.

Hon. Medical Adviser: Dr Basil Kiernander, F.R.C.P.

Hon. Treasurer: Mr Peter Rowley, M.C.

Homes Counselling Service

Office: 7 Market Mews London, W1Y 8HP

Tel: 01-492 0162

Secretary: W. J. Sullivan.

Counsellor: John Hilton.

# 2 Sue Ryder Foundation

Registered as a Charity Number 222291
Sue Ryder Home, Cavendish, Suffolk CO10 8AY

Founder: Sue Ryder, C.M.G., O.B.E.
Chairman: Mr H. N. Sporborg, C.M.G.
Honorary Councillors: Dr J. Apley, C.B.E., M.D., F.R.C.P.,
J.P./Group Captain G. L. Cheshire, V.C., D.S.O., D.F.C./
Miss E. B. Clarke, C.V.O., M.A., B.Litt.(Oxon), J.P./
The Rev. Sister J. Faber/Mr Airey Neave, D.S.O., O.B.E.,
M.C., M.P./Mr John Priest, J.P./Sue Ryder, C.M.G., O.B.E./
Mr J. W. Steed/Mr John L. Stevenson, F.C.S., A.C.I.S., F.T.I.I.

The Sue Ryder Foundation was established by Miss Ryder during the Post War years, after she had been doing relief work on the Continent. Its purpose was—and still is—the relief of suffering on a wide scale by means of personal service, helping the needy, sick and disabled everywhere, irrespective of age, race or religion and thus serving as a Living Memorial to all who underwent persecution or died in defence of human values, especially during the two World Wars. Sue Ryder Homes care for the sick and needy of all ages, including children, and principally for the incurably sick and disabled, the homeless and those others for whom the general hospitals can do no more and who have no suitable place to go.

There are Sue Ryder Homes/Hospitals in Britain and overseas.

# 3 The Mission for the Relief of Suffering

Registered as a Charity Number 235988.

Founders: Sue Ryder, C.M.G., O.B.E., and Leonard Cheshire, V.C., D.S.O., D.F.C., in association with Mother Teresa of Calcutta.

President: Mrs Lakshmi Pandit.

Secretary: Ronald Travers.

The Mission was founded by Sue Ryder and Leonard Cheshire for the principal purpose of pioneering new projects which, although fulfilling a clear need and in keeping with their general aims and objects, would probably not be undertaken by either of their respective organisations. Four such projects are:

Raphael, The Ryder-Cheshire International Centre, P.O.Box 157 Dehra Dun, Up, India,

caring for a total of some 300 people in need.

Raphael comprises a colony for burnt out leprosy cases, a Home for severely mentally retarded children, the "Little White House" for destitute orphaned children and a small hospital with two separate wings, one for general nursing and the other for the treatment of TB. In addition, Raphael operates a Mobile TB and Leprosy Clinic in the Tehri, Garhwal area of the Himalayan foothills. There is a Cheshire Home in Dehra Dun itself, so Raphael is not able

to appeal locally for funds. With effect from June 1976 responsibility for its financial upkeep has been taken over by the Ryder-Cheshire Foundation of Australia and New Zealand. The administration is in the hands of a General Council under the Chairmanship of Lt./Gen. S. P. Bhatia, O.B.E. (Retd.).

Gabriel, St. Thomas' Mount, Madras, South India A training Unit for leprosy and non-leprosy patients who are living on their own in Madras but are incapable, through lack of a trade, of obtaining work. Financial responsibility is shared between India and Ryder-Cheshire Support Groups in the United Kingdom.

Chairman of Governing Council: L. Nazareth,

Ryder-Cheshire Films, Cavendish, Suffolk

This Unit produces films and video-tape programmes about the work of the two Foundations.

Details of these productions available on request.

Raphael Pilgrimages

A Pilgrimage to Lourdes is arranged annually for those chronically ill and permanently handicapped people, many of whom would not be accepted on other pilgrimages, and willing helpers.

Leader of Pilgrimages: Gilbert Thompson, 23, Whitley Wood Road, Reading, Berks.

# **Cheshire Homes in Britain**

Residents telephone numbers in brackets.

#### **ENGLAND**

Avon

Greenhill House, Timsbury, near Bath BA3 1ES. Timsbury 70533 (70866).

Bedfordshire

Agate House Cheshire Home, Woburn Road, Ampthill, Befordshire. Ampthill 403247 (404470).

Buckinghamshire

Chiltern Cheshire Home, 29 North Park, Gerrards Cross SL9 8JT. Gerrards Cross 86170 (84572).

Cheshire

The Hill, Sandbach. Sandbach 2341 (2508).

Cleveland

Marske Hall, Marske-by-the-Sea, Redcar, Cleveland TS11 6AA. Redcar 2672.

Cornwall

St. Teresa's, Long Rock, Penzance. Marazion 710336 (710365).

Cumbria

Lake District Cheshire Home, Holehird, Windermere. Windermere 2500 (387).

Derbyshire

Green Gables, Wingfield Road, Alfreton DE5 7AN. Alfreton 2422.

Devon

Cann House, Tamerton Foliot, Plymouth. Plymouth 771742 (772645).

Douglas House, Douglas Avenue, Brixham. Brixham 6333/4. Forches House Cheshire Home, Victoria Road, Barnstaple. Barnstaple 75202.

Dorset

The Grange, 2 Mount Road, Parkstone, Poole. Parkstone 740188 (740272).

Durham

Murray House, St. Cuthbert's Avenue, Blackhill, Consett DH8 0LT. Consett 504000 (502363).

Essex

Seven Rivers, Great Bromley, Colchester. Colchester 230345 (230463).

Gloucester

Cotswold Cheshire Home, Overton Road, Cheltenham GL50 3BN, Cheltenham 52569.

Hampshire

Le Court, Greatham, Liss. Blackmoor 364 (229).

Hereford and Worcester

The Saltways Cheshire Home, Church Road, Webheath, Redditch, 0527-62938 (60590).

Hertfordshire

Hertfordshire Cheshire Home, St. John's Road, Hitchin. S94 9DD. Hitchin 52460 (52458).

Isle of Wight

Appley Cliff, Popham Road, Shanklin. Shanklin 2193.

Kent

Chipstead Lake Cheshire Home, (The Administrator) Chevening Road, Chipstead, Sevenoaks, TN13 2SD. 0732-59510.

Mote House, Mote Park, Maidstone. Maidstone 37911 (38417).

St. Cecilia's, Sundridge Avenue, Bromley BR1 2PZ. 01-460 8377 (7179).

Seven Springs, Pembury Road, Tunbridge Wells. Tunbridge Wells 31138 and 33522 (20130).

Lancashire

Honresfeld, Blackstone Edge Road, Littleborough. Littleborough 78627 (78065).

Oaklands, Dimples Lane, Barnacre-with-Bounds, near Garstang, Preston PR3 1UA. Garstang 2290 (3624).

Leicestershire

Roecliffe Manor, Woodhouse Eaves, Loughborough LE12 8TN. Woodhouse Eaves 890250. Stauton Harold, Ashby-de-la-Zouch, LE6 5RT. Melbourne Derby 2571 (2387).

Lincolnshire

Hovenden House, Fleet, Spalding PE12 8LP. Holbeach 23037 (23241).

London

Athol House, 138 College Road, London SE 19 1XE. 01-670 3740 (6770).

Merseyside

Freshfields Leonard Cheshire Home, College Avenue, Formby, Liverpool L37 1LE. Formby 70119. Springwood House, Cheshire Home, Springwood Avenue, Liverpool L25 7UW. 051-427 7345 (5400).

Middlesex

Arnold House, 66 The Ridgeway, Enfield, Middlesex EN2 8JA. 01-363 1660 (01-363 0750).

Norfolk

The Grove, East Carleton, Norwich NR14 8HR. Mulbarton 279.

Northumberland

Matfen Hall, Matfen, Newcastle-upon-Tyne. Stamfordham 212 (383).

Nottingham

Holme Lodge, Julian Road, West Bridgford, Nottingham NG2 5AQ. Nottingham 869002.

Oxfordshire

Greenhill House, Twyford, Banbury. Adderbury 679 (667). John Masefield Cheshire Home, Burcot Brook, Burcot, Oxfordshire OX14 3DP. Oxford 340324 (340130).

Somerset

St. Michael's, Axbridge, Somerset BS26 2DW. Axbridge 358 (204).

South Humberside

Stonecroft House, Barnetby ND38 6YD. Barnetby 344 (699).

#### Staffordshire

St. Anthony's, Stourbridge Road, Wolverhampton WV4 5NQ. Wombourn 3056 (2060).

#### Surrey

Harts Leap Children's Home, Harts Leap Road, Sandhurst, near Camberley. Crowthorne 2599.

Hydon Hill, Clock Barn Lane, Hydon Heath, near Godalming. Hascombe 383.

#### Succes

Heatherley, Effingham Lane, Copthorne, Crawley RH10 3HS. Copthorne 712232 (712735).

St. Bridget's, The Street, East Preston, Littlehampton. Rustington 3988 (70755).

#### Warwickshire

Greenacres, 39 Vesey Road, Sutton Coldfield, West Midlands, B73 5NR. 021-354 7753 (7960).

#### Wiltshire

Greathouse, Kington Langley, Chippenham. Kington Langley 235 (327).

#### **Yorkshire**

Alne Hall, Alne, York YO6 2JA. Tolterton 295.

Beechwood, Bryan Road, Edgerton, Huddersfield HD2 2AH. Huddersfield 29626 (22813).

Champion House, Clara Drive, Calverley, Pudsey LS28 5PQ. Bradford 612459 (613642).

Kenmore, Whitcliffe Road, Cleckheaton BD19 3DR. Cleckheaton 2904 (2724).

Mickley Hall, Mickley Lane, Totley, Sheffield S17 4HE. Sheffield 367936 (365709).

Spofforth Hall, Harrogate HG3 1BX. Spofforth 284 (287) White Windows, Sowerby Bridge, Halifax HX6 1BH. Halifax 31981 (32173).

#### SCOTLAND

#### **Dumfries**

Carnsalloch House, Dumfries. Dumfries 4924.

#### Edinburah

Mayfield House, East Trinity Road, Edinburgh EH5 3PT. 031-552 2037 (4157).

#### WALES

#### Clwvd

Dolywern, Pontfadog, Llangollen. Glynceiriog 303. Eithinog, Old Highway, Upper Colwyn Bay LL28 5YA. Colwyn Bay 2404 (30047).

#### Dyfed

Coomb, Llangynog, Carmarthen. Llanstephan 292 (310).

#### Gwen

Llanhennock Cheshire Home, Llanhennock, near Caerleon NP6 1LT. Caerleon 420045 (420676).

#### South Glamorgan

Danybryn, Radyr, Cardiff CF4 8XA. 842237 (842335).

#### IRELAND

Ardeen, Shillelagh, Co. Wicklow, Eire.

Rathfredagh House Cheshire Home, Newcastle West, Co. Limerick, Eire.

St Laurence Cheshire Home, Lota Park, Cork, Eire. St Patricks Cheshire Home, Tullow, Co. Carlow, Eire. Cara Cheshire Home, Phoenix Park, DUBLIN 20.

The Barrett Cheshire Home, 21 Herbert Street, DUBLIN. The Mayo Cheshire Home, Bohola, Co. Mayo.

# HOMES FOR PSYCHIATRIC AFTER-CARE

Miraflores, 150-154 Worple Road, Wimbledon, S.W.20. 01-946 5058.

Gaywood, 30 The Downs, Wimbledon S.W.20. 01-946 9493. Nicholas House, 3 Old Nichol Street, Bethnal Green E.2. 01-739 5165 (9298).

#### MENTALLY HANDICAPPED CHILDREN

#### Cheshire

The Green, Christleton, near Chester. Chester 35503.

#### Dorse

Buckfield House, Lyme Regis.

Fairfield House, Lyme Regis. Lyme Regis 2487.

Hawthorn Lodge, Hawthorn Road, Dorchester. Dorchester 3403.

# **Special Services**

Leonard Cheshire Homes wing for G.L.C. Flats: (care service only) Cheshire Estate, 30 Palace Road, Tulse Hill, London SW2. Tel: 01-671 2288

Flats for couples, one of whom is disabled:
Robin House, St. John's Road, Hitchin, Herts.

Disabled Students accommodation:

Taylor House, 16 Osler Road, Headington, Oxford.
Training Centre:

Cheshire Foundation Service Corps, Study Centre, Le Court, Liss, Hants. Tel: Blackmoor 421

# Leonard Cheshire Homes Overseas

Secretary, 5 Market Mews, London W1Y 8HP. Tel. 01-499 2267

#### Argentina

Hogares Cheshire para Lisiados Casilla de Correo 896, BUENOS AIRES

#### Bangladesh

Cheshire Foundation Home, 14/E Bonani Model Town, P.O. Box 150, DACCA 2.

#### Brazi

The Cheshire Home, Rua 7 de Abril 252, 12, SAO PAULO

#### Canada

Belleville Cheshire Home, 246 John Street, BELLEVILLE, Ont.

McLeod Home, 11 Lowther Avenue, TORONTO Ashby\*, Bloorview\*, North York\*, Port Sydney\* and Vancouver\*

Clarendon Foundation (Cheshire Home) Inc. 21a Vaughan Road, Toronto, Ontario.

The Durham Region Cheshire Homes, 829 Simcoe Street, N. Oshawa. Ontario.

Cheshire Homes of Saskatchewen, 314 Lake Crescent, Saskatoon, Saskatchewen.

Peel Cheshire Home, 361 Queen Street, Streetsville, Mississauga, Ontario.

#### Chile

Hogares Fundacion Cheshire de la Esperanza, Casilla 3337, SANTIAGO

Hogares Cheshire Home, Casilla 74, CONCEPCION

#### Ethiopia

The Cheshire Home, PO Box 3427, ADDIS ABABA (C)
The Cheshire Clinic, PO Box 1383, ASMARA (C)
The Cheshire Home, PO Box 18, SHASHAMANE
Makalle\*

#### France

Foyer Cheshire de Fountaine-Française 21610.

#### Guyana

The Cheshire Home for Spastic Children, Mahaica Hospital, E. C. DEMARARA (C)

Hong Kong

The Cheshire Home, Chung Hom Kok, PO 15061, NR. STANLEY

India

The Cheshire Home, H. A. L. Road, BANGALORE 17
The Cheshire Home, Opp. Buddhev Colony, Kareli Baug,
BARODA

Bethlehem House, Mahakali Caves Road, Andheri, BOMBAY 69

The Cheshire Home, (Asansol) Dt. Burdwan, BURNPUR, W. Bengal

Serampore Cheshire Home, "Bishop's House", 51 Chowringhee Road, CALCUTTA 16

Tollygunge Cheshire Home, Tollygunge, CALCUTTA Cheshire Home, Choolakkaparambil Road, Compara, COCHIN 18

Cheshire Home, Sowripalayam Road, COIMBATORE. 641028

"Anbu Nilayam", The Cheshire Home, COVELONG, Chingleput Dt.

Govind Bhavan Cheshire Home, 16 Pritam Road, DEHRA DUN

Rustomji P. Patel Cheshire Home, c/o Telco Ltd., JAMSHEDPUR

"Vishranti Illam" Cheshire Home, KATPADI Township Vellore 632006, N.A.Dt.

The Cheshire Home, Towers Lane, Kankanady, MANGALORE 2

The Cheshire Home, Balamore Road, NAGERCOIL 629001
Delhi Cheshire Home, c/o C-1/33 Safdarjang Dev. Area,
NEW DELHI 16

Meathmarg Cheshire Home, PO Box 10, RANCHI Lucknow\* Cheshire Home, Thoppur B.O. (via) MADURAI–625006, India.

Indonesia

Wisma Cheshire, 90 PO Box 3018 Djarkata.

Kenya

Cheshire St. Vincent Home, PO 325, LIMURU, Nairobi Dagoretti Childrens' Centre, P.O. Box 24756, Nairobi.

Malaysia

Cheshire Home Johore, Jalan Larkin, JOHORE BAHRU Cheshire Home, PO Box 1267, KUCHING, Sarawak Rumah Amal Cheshire Selangor, PO Box 2111, KUALA LUMPUR

Mauritius

Cheshire Home, Tamarin, FLOREAL

Morocco

Foyer Koutoubia, Parvis de la Koutoubia, MARRAKECH (C) Dar el Hanaa, 3 Place des Aloes, Marshan, TANGIER (C)

Nigeria

Cheshire Home Enugu, 1 Adelaba Street, ENUGU (C) Oluyole Cheshire Home, PO Box 1425, IBADAN (C) Cheshire Home Lagos, 91 Agege Road, Mushin, LAGOS State (C)

Cheshire Home Orlu, Ubulu-Theojiofor, ORLU, E.C.S. (C) Cheshire Home, PO Box 365, Churchill Road,

PORT HARCOURT (C)

Papua and New Guinea

The Cheshire Home, PO Box 1306, Boroko, PAPUA (CM)

The Philippines

Sinag-Tala for Men, Congressional Rd, Carmel Sub-Div.
QUEZON CITY

Sinag-Tala for Women, Grant St. 74, G.S.I.A. Village, Project 8, QUEZON CITY

AN Children's Home, c/o Sr. V. Baerts, PO Box 2508, MANILA (C)

Bukang Liwayway, Anonas St. 68, Quirino Dist, QUEZON CITY

Kakayahan, Rd. 22, Urduja Village, Calooca Bdry, NOVALICHES

Pangarap Home, Paraiso St. No. 31, NOVALICHES

ortuga

Lares Cheshire em Portugal, Rua Joao da Silva No. 3. CARCAVELOS

Sierra Leone

Sir Milton Cheshire Home, PO Box 150, BO. (C)
The Cheshire Home, PO Box 916, 18 Race Course Road,
FREETOWN (C)

Singapore

Singapore Cheshire Home, Singapore Council of Social Services Bldg. 11 Penang Lane, SINGAPORE 9

South Africa

Cheshire Homes – Natal P.O. Box 3887, DURBAN 4000 and 119 Salisbury House, Smith Street, DURBAN 4001. Queensburgh Cheshire Home, 890 Main Road, MOSELEY 4093, Natal.

Chatsworth Cheshire Home, House No. 74, Road 217, CHATSWORTH 4092, Natal.

The Cheshire Home, Gomery Avenue, Summerstrand, PORT ELIZABETH.

Eric Miles House, 20 Corsair Road, Sandrift, MILNERTON, Cape Province.

Johannesburg\*

Spain

Hogar de la Amistad Las Planas, Vallvidrera, LAS PLANAS, Barcelona

Hogar de la Amistad de Mosnou, Avda de Navarro 68, MOSNOU

Hogares Cheshire de Espana, Cno. de los Vinateros 127, 7° B, Moratalaz, MADRID 30

Sri Lanka

The Cheshire Home for Elders, Kiula, MATALE Sir James & Lady Peiris Cheshire Home, 17 Siripala Road, MOUNT LAVINIA

Wester Seaton Cheshire Home, 76 Main Street, NEGOMBO

Sudan

The Cheshire Home, PO Box 801, KHARTOUM (C) Juba\*

Thailand

Siri-Wattana Cheshire Home, BANGPING, 25 Chitlom Lane, Bangkok 5

Cheshire Home, RANGSIT, 25 Chitlom Lane, Bangkok 5

Uganda

Buluba Cheshire Home, PO Box 151, BULUBA, Iganga Cheshire Home for Paraplegics, PO Box 6890, KAMPALA

U.S.A.

Enquiries to Cheshire Home in N. J. Inc., Red Cross Building, One Madison Avenue, Madison, N. J. 07940, U.S.A.\*

Venezuela

Casa Cheshire, Cuarta Avenida 24, Campo Alegre, CARACAS

West Indies

Thelma Vaughan Memorial Home, The Glebe, St. George, BARBADOS (C)

The Cheshire Home, Sauteurs, St. Patrick, GRENADA
The Cheshire Home, St. Andrews Gardens, San Fernando,
TRINIDAD

Jamaica Cheshire Villiage, Mona Rehabilitation Centre, Kingston 7, Jamaica.

Zambia

The Cheshire Home, 10a Twin Palm Road, LUSAKA (C)

\* Homes in preparation. (C) for disabled children. (CM) for Mentally retarded children.